Bulletin

Volume 36 Number 7

BOROUGH COUNCIL NEWS

By Michael Ticktin

# Code Red "Reverse 911" Community Notification System Now Operational; Councilman Jeff Ellentuck Resigns; Council Adopts Updated Property Maintenance Code and Borough Flag Ordinances

At the March 11 meeting of the Borough Council, Councilman Ralph Warnick announced that the CodeRed community notification program was now operational. Residents can participate in the program by going to the specially created www.Roosevelt911.com website and following the directions, which essentially involve provide one's name, address and telephone and email contact information. Once enrolled, a resident will be notified every time emergency and, if the resident so chooses, general information is sent out. The system is operated by the Emergency Communications Network, Inc., which states that all information provided to them through their web pages will be protected in their custody and kept confidential. Provision will be made to assist residents who wish to enroll in the program but do not have computer access.

At the February 25 meeting, Councilman Jeff Ellentuck stated that he would be resigning from the Borough Council for personal reasons. In so doing, he expressed satisfaction that he had been able to participate in the many things that the Council had accomplished during the course of his nine years of service. At the March 11 meeting, Mayor Beth Battel announced that Mr. Ellentuck had given her written notification of his resignation and that the local Democratic committee, consisting of Ann Baker and Bob Atwood, had been notified so that they could begin the process of preparing a list of three nominees for the Council. By law, when an local elected official who was elected as the candidate of a political party resigns or otherwise vacates an office before the expiration of his or her term, the local party committee has 15 days to present a list of three nominees, from among whom the governing body must choose a replacement. Should the party committee fail to do so, the governing body is then free to choose anyone meeting the age, citizenship and residency requirements established by law for the position. The Council unanimously adopted a resolution accepting Mr. Ellentuck's resignation with regret, thanking him for his service and wishing him well.

Also at the February 25 meeting, the Council adopted an official flag for the Borough, consisting of the Blue Eagle of the National Recovery Administration (NRA)on a field of white, with the words "Borough of Roosevelt" in red above the Eagle and the words "Monmouth County, New Jersey," also in red, below. The color scheme is the same as that used by the NRA on its flags and posters. The NRA was established in 1933 under the National Industrial Recovery Act, one of

Continued on Page 3

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#### NSI IS DE Т Η SSU 7 School News 4 Weather 5 12 **Town Topics** Roosevelt Arts Project Rescue Squad News 6 Breaking Bread 14

NEW: www.Roosevelt911.com Notification System. See Page 1 and 4 for Details.

### ANNOUNCEMENTS

Welcome to the 36th edition of the Roosevelt Borough Bulletin. There will be ten issues starting with September 2012 through July, 2013, leaving out January 2013.

We will do our best to make the Bulletin both informative and interesting with the help of our devoted writers and production staff.

If you want to **CONTACT THE BULLETIN**, please look at our masthead to the right with our address as shown.



Please report any bear sightings to: State Bureau of Wildlife Management Kim Tinnes, Wildlife Control 609-259-7955

The **MEALS ON WHEELS** program delivers prepared meals to Roosevelt seniors who need this assistance. Though meals are provided free of charge to recipients, the cost to the program is \$2.50 per meal. Donations to help cover these costs may be sent to Interfaith Neighbors, 810 Fourth Avenue, Asbury Park, NJ 07712.

**SENIOR CITIZENS**: There is a S.C.A.T. bus provided by Monmouth County Division of Transportation that comes to Roosevelt on Wednesday mornings at 9:00 a.m. and will take you shopping to ShopRite in East Windsor. The bus will pick you up at your home, you spend 1 1/2 hours shopping, and the bus will take you home and leave your groceries at your door. There is no charge to you for this service.

If you wish to go, you must call the SCAT bus Tuesday no later than 3:00 p.m. at 732-431-6485 and press 1. Give them your name, address, and the town you are from, and your interest in going on Wednesday, the next day.

### **Roosevelt Open Studio**

Roosevelt School Art Room Tuesdays 7 p.m. - 10 p.m. Open for Roosevelt Residents over 15 Contact: Ellen Silverman, Home phone 609 490 0557 Cell phone: 609 865 7396

An archive of all past issues of the Bulletin can be found online at www.mazicmusic.com/rbb.htm, courtesy of Mark Zuckerman. Current and recent issues can also be found online at www.boroughbulletin.org., the official website of the Borough Bulletin that is maintained by Bulletin Trustee Bob Francis. To have the Bulletin sent to you by email, please go to www.boroughbulletin.org and press the "Push Here to Sign Up for Bulletin" button.

The Roosevelt Borough Bulletin is published monthly except August and January by Roosevelt Borough Bulletin, Inc. P.O. Box 221, Roosevelt, NJ 08555

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### ARTWORK

Breaking Bread and Calendar Art by Shan Ellentuck

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# From the Mayor

Dear Neighbors,

Councilman Jeff Ellentuck has resigned his Council seat, after many years of hard work and productive results. We appreciate all he has done for the Borough of Roosevelt and wish him well.

Thankfully, it was a rather uneventful winter. After last fall, we needed a period of recovery. Everywhere one looks, there are stills remnants of Sandy's destruction.

Spring is an excellent time to refresh our yards, clean up our exteriors, plant gardens and rejoice in the coming of the milder months. Despite the shortage of snow, there has been plenty of moisture; no drought in sight. It will be nice to get outside and enjoy our beautiful surroundings.

Enjoy the Spring!

Beth 🔳

### BOROUGH COUNCIL NEWS (CONT'D.)

### Continued from Page 1

the first pieces of New Deal legislation adopted by the Roosevelt Administration, which also included the provision establishing the Subsistence Homesteads program, under which this community, originally called Jersey Homesteads, was initiated.

At the March 11 meeting, the Council amended the Borough's property maintenance ordinance to specify that the code in effect will be the 2012 edition of the International Property Maintenance Code, with subsequent editions to become effective when issued by the publisher, the International Codes Council. The ordinance is enforced by the housing inspector. Also at that meeting, the Council proposed two bond ordinances to provide funds for water and sewer utility improvements, in one case increasing an existing bond and note authorization by \$23,750 and in the other authorizing issuance of an additional \$204,250 in bonds and notes.

Councilman Tom Curry reported that approximately ings while participating in them.

\$60,000 in claims related to Superstorm Sandy had been submitted to the Federal Emergency Management Agency (FEMA) and that the Borough was expecting to receive reimbursement in the amount of about \$45,000, since FEMA pays 75% of an approved claim.

Correction: In the last issue, I attributed a statement to Councilman Jeff Ellentuck to the effect that the any offset in taxes due to expansion of the firehouse would be offset by savings to property owners on their insurance premiums. The actual statement, which did not mention taxes, was made by Councilman Ralph Warnick and was simply to the effect that having a larger fire truck would result in lower insurance premiums. I apologize for this error and once again ask that any member of the community who would be willing to cover Council meetings please contact me so that I will not have to continue reporting on meetings while participating in them.





To educate and inspire all students to excel academically<sup>\*</sup>, to become independent and creative thinkers, skillful communicators and lifelong learners. Roosevelt Public School nurtures and challenges the unique potential of each student so that our children will develop individual, social and civic responsibility as well as respect for themselves, each other, and the environment.

\*to achieve or exceed N.J. CCCS at all grade levels

### Register Your Address for Emergency Notices

The Town Council has graciously allowed RPS to share the CodeRED/ reverse 911 system so that we will be able to notify families of school closures. It's a very strong system that can be used to send telephone calls, texts, or emails. For now the school intends to use it for emergency notices only but, in time, maybe it will be enacted for reminders of special events. If you don't live in town but want to be on the RPS list, please register with the school's address as the system works for Roosevelt only and by street. The school address is 2A School Lane. The website is: www.Roosevelt911.com.

### Saying Thank You to Longtime BOE Member

The March 3 celebration for Allen Newrath drew some of our youngest and some of our most "seasoned" Roosevelt citizen – and lots of people in between. A good time was had by all. Allen was honored for his many years of serving on the BOE—well over 20, and he's never even had a child at the school! Thanks for your hard work and dedication, Allen!

### Visit the RPS Library

Thanks to PTA parents and a very hard working custodian, the RPS library has been re-arranged. In addition, the Sarah Elizabeth Tulloss Memorial Fund purchased a carpet for the school library called "Read Across America" and bean bag chairs. The school will ever be grateful that a special place was created in memory of a special alum.

### Draft 2013-2014 Budget

The Draft 2013-2014 Budget can be reviewed at www.RPS1.org—follow the black banner near the top. The fifty-eight page presentation gives a detailed account of the status of programs at the school and the proposed budget. The proposed tax levy is 4.01% which equates to approximately \$15/ month for the average assessed house of \$250,000 in Roosevelt. The waivers for the 2.01% are a result of the health benefits increasing 16% and use of a small bank caps waiver.

The Board will vote on the total budget/tax levy on March 21, 2013 at 7:30 pm. This will set the budget for 2013-2014 but does not set in stone the programs for next year. The CSA/Principal and BSA will continue to submit grants and search out other funding revenues. Final program recommendations and hiring recommendations will come before the Board throughout the Spring and Summer as needs are always being evaluated.

Two special non-BOE quorum meetings will be held to discuss budget changes: a Key Communicators meeting will be held Tuesday, March 19th and a special meeting to discuss PreK will be held Wedneday, March 20th to discuss funding changes.

### **New Grant Applications**

We are awaiting the results of two new grant applications: one for an AED from the Janet Fund, which if received, requires fundraising of \$400 back to the Fund; and a second to aid in creating the Roosevelt Educational Foundation—notice of that one should be out soon. Please cross your fingers for both as we continue to offer our children the safest and most effective learning environment possible.

Feel free to contact the Board at RPSBOE@gmail.com



Please obey the posted speed limits in town.

### TOWN TOPICS

# ALL ROOSEVELT CLEAN UP DAY

# Sunday, April 14

# Meet at the Post Office at 10 am

Attend if possible as the last Clean Up Day was cancelled by Sandy

If you have questions or suggestions, call Ron at 443-4179

### RESCUE SQUAD NEWS

The First Aid Squad has responded to 28 emergency calls from January 1 to February 28, 2013. Emergency calls the Squad responded to: in Roosevelt 6, Millstone Twp. 5, Freehold Twp. 1. Those calls where head injury, fire standby's, unconscious, cardiac's, over-dose, diabetic emergencies, and lift assist.

The training for February was OHSA 1910:1030 Bloodborne Pathegons. All EMT's receive training CEUs.

We thank all the residents of Roosevelt for their generous donations to the Squad. Without your support we could not operate. Thank You!!!

If anyone wishes to make a donation, send it to the Roosevelt First Aid Squad at P.O. Box 274, Roosevelt, NJ 08555. Remember, all donations are tax deductible and greatly appreciated.

We are always looking for new members. We will pay for the basic training that is needed. If anyone is interested please contact any Squad member or stop in during our training for an application. If you would like to join or receive information about becoming an EMT please e-mail rooseveltfirstaidsquad@yahoo.com and now we are on facebook.

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### **Health Notes:**

Anaphylaxis is a serious allergic reaction that is rapid in onset and may cause death. It typically causes a number of symptoms including an itchy rash, throat swelling, and low blood pressure. Common causes include insect bites/stings, foods, and medications.

On a pathophysiologic level, anaphylaxis is caused by the release of mediators from certain types of white blood cells triggered either by immunologic or non-immunologic mechanisms. It is diagnosed based on the presenting symptoms and signs. The primary treatment is injection of epinephrine, with other measures being complementary. Signs and symptoms: Anaphylaxis typically presents with many different symptoms over minutes or hours with an average onset of 5 to 30 minutes if exposure is intravenous and 2 hours for foods. The most common areas affected include: skin (80–90%), respiratory (70%), gastrointestinal (30–45%), heart and vasculature (10–45%), and central nervous system (10–15%) with usually two or more being involved.

Skin: Symptoms typically include generalized hives, itchiness, flushing, or swelling of the lips. Those with swelling or angioedema may describe a burning sensation of the skin rather than itchiness. Swelling of the tongue or throat occurs in up to about 20% of cases. Other features may include a runny nose and swelling of the conjunctiva. The skin may also be Blue tinged because of lack of oxygen.

Respiratory: Respiratory symptoms and signs that may be present, including shortness of breath, wheezes or stridor. The wheezing is typically caused by spasms of the bronchial muscles while stridor is related to upper airway obstruction secondary to swelling. Hoarseness, pain with swallowing, or a cough may also occur.

Cardiac: Coronary artery spasm may occur with subsequent myocardial infarction, dysrhythmia or cardiac arrest. Those with underlying coronary disease are at greater risk of cardiac effects from anaphylaxis. The coronary spasm is related to the presence of histamine-releasing cells in the heart. While a fast heart rate caused by low blood pressure is more common, a Bezold-Jarisch reflex has been described in 10% of cases, where a slow heart rate is associated with low blood pressure. A drop in blood pressure or shock (either distributive or cardiogenic) may cause the feeling of lightheadedness or loss of consciousness. Rarely very low blood pressure may be the only sign of anaphylaxis.

An epinephrine autoinjector is a medical device used to deliver a measured dose (or doses) of epinephrine (also known as adrenaline) using autoinjector technology, most frequently for the treatment of acute allergic reactions to avoid or treat the onset of anaphylactic shock.

Trade names for this device include EpiPen, Twinject, Adrenaclick, Anapen, Jext, Allerject, and Auvi-Q. The EpiPen was originally derived from the CombPen, a product developed for the military for treating exposure to nerve agents.

After activation the patient holds the device in place for 10 seconds as the epinephrine is delivered. This gives the drug enough time to be absorbed by the body's muscles and diffused into the bloodstream. Using the device intravenously is highly discouraged, and can even be lethal as epinephrine is a local vascular constrictor, and used intravenously can restrict blood flow to the area of the injection site, causing subsequent damage to extremities. Additionally, intravenous administration of the epinephrine can cause ventricular tachycardia, or dangerously rapid heartbeat. After administering the device, patients are advised to seek immediate medical attention.

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There are still houses in town that do not have house numbers or the numbers are too small to see from the street or they are dark numbers on a dark house. Please check the numbers posted on your house to ensure that they are large and colorfully enough so emergency services and State Police can see it from the road. There are many houses in town that does not have numbers or cannot be seen from the road especially at night.

Remember if you need help please "Dial 911".

Jack Rindt, EMT Captain Roosevelt First Aid Squad rooseveltfirstaidsquad@yahoo.com

### WEATHER ALMANAC

### By Ron Filepp

APRIL now walks the fields again, Trailing her tearful leaves And holding all her frightened buds against her heart: Wrapt in her clouds and mists, She walks, Groping her way among the graves of men. from "April on the Battlefields" by Leonora Speyer

### Winter 2012-2013

Snowfall in Roosevelt was below normal this winter. Only 14.1 inches of the white stuff fell during the three months of December, January and February. The normal average amount of snowfall for that period is 17.7 inches. Precipitation was very close to normal for the entire winter.

The average temperature for winter 2012-2013 was 36.7 degrees. That's 2.4 degrees above normal.

Nationally, according to NOAA's National Climatic Data Center, the average temperature for the contiguous United States during the winter season (December 2012–February 2013) was 1.9°F above the 20th century average. This winter season was the 20th warmest on record.

The December–February worldwide land surface temperature was 1.28°F above the 20th century average, tying with 1992 as the 15th warmest winter on record. The global ocean surface temperature for the same period was 0.77°F above the 20th century average and was the eighth warmest such period on record.

### February

The monthly average temperature for Roosevelt was two degrees above normal. Precipitation was normal and snowfall was close to two inches above normal for February in Roosevelt.

Globally, According to NOAA scientists, the average temperature for February 2013 tied with 2003 as the ninth warmest February since record keeping began in 1880. It also marked the 28th consecutive February and 336th consecutive month with a global temperature above the 20th-century average.

### April

The Old Farmers Almanac says April will be warmer and drier than normal. LongRangeWeather.com is calling for a cooler and drier April. The Climate Prediction Center of the National Oceanic and Atmospheric Administration has, as of this writing, not issued its April forecast. The Climate Prediction Center of the National Oceanic and Atmospheric Association's March 21st forecast for April indicates the month will be warmer and drier than normal.

### Weather Word

A gustnado is a gust front tornado. It's a small tornado, usually weak and short-lived, that occurs along the gust front of a thunderstorm. Often it is visible only as a debris cloud or dust whirl near the ground.

### **Weather Humor**

Question: Why do they say "It's raining cats and dogs"?

Answer: So you won't step in a poodle.

Question: What did the national park ranger use to count grizzlies? Answer: A bear-ometer.

Question: How did the ski instructor survive an early spring?

Answer: He put money into a slush fund.

		Febru	ary 2	013	Heat'g Degree
Day	High	Low	Avg	Precip	Days
1	35.4	24.3	29.9	0.00	35.2
2	24.0	15.0	19.5	0.00	45.5
3	34.5	17.8	26.2	0.10	38.9
4	32.4	20.8	26.6	0.00	38.4
5	35.4	26.4	30.9	0.00	34.1
6	41.2	26.4	33.8	0.02	31.2
7	38.7	22.3	30.5	0.00	34.5
8	39.4	30.9	35.2	0.73	29.9
9	34.7	20.1	27.4	0.05	37.6
10	36.3	12.0	24.2	0.06	40.9
11	42.8	30.7	36.8	0.13	28.3
12	46.0	28.0	37.0	0.00	28.0
13	47.1	25.9	36.5	0.00	28.5
14	44.8	32.4	38.6	0.25	26.4
15	54.0	31.5	42.8	0.00	22.3
16	44.6	33.8	39.2	0.02	25.8
17	36.5	21.0	28.8	0.00	36.3
18	36.9	17.8	27.4	0.00	37.7
19	52.3	29.3	40.8	0.22	24.2
20	42.8	24.6	33.7	0.00	31.3
21	36.7	23.7	30.2	0.00	34.8
22	41.5	21.6	31.6	0.00	33.5
23	48.4	33.8	41.1	0.27	23.9
24	52.9	32.5	42.7	0.00	22.3
25	47.3	26.4	36.9	0.00	28.2
26	49.6	27.0	38.3	0.19	26.7
27	53.2	38.1	45.7	0.72	19.4
28	52.3	38.7	45.5	0.00	19.5
Total	Totals			862.8	

### RECYCLING DATES:

April 10, 24 • May 8, 24





If you walk after dark,

please wear light-colored clothing,

or wear some reflective gear.

Well, at least carry a flashlight.

Remember to walk facing traffic,

not with the traffic coming at your back.

# SEE AND BE SEEN!

**REMEMBER, IF YOU** NEED HELP, JUST DIAL 911. There are still houses in town that either do not have house numbers or have house numbers that are too small or otherwise not easily visible, especially at night. Please check to make sure that you have numbers posted on your house that are large and distinctive enough so that the State Police and Fire and First Aid personnel can see them from the street.

*"WHAT A WONDERFUL ???" WORLD"-*THIS COULD BE ! LET'S END VIOLENCE.









# Contributors to the Bulletin 2012/2013

Contributions received after the 15th of the month will appear in the next Bulletin.

Mel Adlerman Mary & Carlo Alfare Robin & Robert Axel Helen Barth Elsbeth Battel Janet & Rich Bernardin Karen & Marvin Block Linda & Michael Block Charlotte Bondy Bondy/Vuolle family Alexandra Bonfante-Warren Jacqueline Carpenter Robert & Susan Cayne Family of Delores Chasan Maureen & Bob Clark Patricia & Keith Clayton Joe & Janis Datz Deborah Dauer Greg Defoe M. Kathleen Drury Virginia North Edwards Irma & Louis Esakoff Ellen & Robert Francis Lian Garton Rosa Giletti Judith & Ed Goetzmann Ann & Jay Goldman Eitan & Karyn Grunwald

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# Help Celebrate Roosevelt's Rich Artistic Heritage

The Roosevelt Arts Project (RAP) is celebrating 25 years of presenting local artists to the community.

We are planning an event to showcase the rich history of visual art in our town which dates back to our founding by the WPA.

We invite you to support our May celebration.

Many of you have personal collections of early Roosevelt artists and we are hoping that you will loan some of these works to be displayed at the RAP anniversary show.

Current and former Roosevelt artists are also invited to submit work for this exhibition.

There'll be lots of opportunities for all interested townspeople to participate and support us in various ways. Look in future issues of the *Bulletin* and on the bulletin board for more information about how you can be part of this celebration.

We'd love to have you join us.

Please put May 4th and 5th on your calendar.

# The Roosevelt First Aid Squad

is a totally volunteer organization.We do not charge for our services, we rely on donations to operate.

When Paramedics arrive and treat the patient then you will receive a bill from the Paramedic company.

### LOTS OF

ROOSEVELT MEMORIES CAN BE FOUND IN THE ONLINE ARCHIVES OF THE BULLETIN

(See Page 2 for more information.)

## **PROPER FLAG DISPOSAL**



If you have an American flag that is in bad shape, don't put it in the trash. You can bring it to the Veterans of Foreign Wars Hall on 140 Dutch Neck Road in Hightstown (609-448-9738).

There is a red, white, and blue mailbox out front where you can deposit old American flags to be disposed of respectfully by the VFW.

### ROOSEVELT ARTS PROJECT 2012 - 2013 Season

Friday, April 19 and Saturday, April 20, Borough Hall, SPECIAL START TIME: 7:30 p.m.

### **ROOSEVELT STRING BAND**

As befits our 25th anniversary celebration year, the String Band, with David Brahinsky, Paul Prestopino, Ed Cedar, Sam Cedar, Kai Altair and Joe Pepitone (and we hope to have Howie Jacobson back from South Africa in time) will perform one song from as many of the 25 years that we have been performing in Roosevelt as we can reasonably fit in.

Saturday, May 4 and Sunday, May 5

### **RAP 25TH ANNIVERSARY WEEKEND**

This last event of the 25th season of RAP will include many favorites, including a show of Roosevelt artists past and present, walking tours, poetry and more...

### Voluntary Contribution:

For most events \$5 per adult, for the String Band \$10 per adult, \$5 for seniors and children. Visit RAP's webpage at http://music.columbia.edu/roosevelt. Use the link at the top of the page to sign up for our e-mail list. For further information call Robin Gould at (609) 448-4616.



MAY 4 AND 5 2013

HOLD THE DATE

# ELECTRONICS RECYCLING

State law now prohibits disposal of computers and TVs with trash. Free drop-off. Program open to all Monmouth County residents, small businesses, and institutions. Limited to one pick-up truckload.

Items accepted:

- Computer cases, CPUs
- Keyboards, Mice
- Monitors, Scanners
- Printers, Cables
- · Laptops, Peripherals
- Televisions
- Radios, Cameras
- Telephones
- Copiers, Fax Machines
- VCRs, DVD Players
- Stereo Components

Location:

MILLSTONE TOWNSHIP Dept. of Public Works Garage Recycling Center 899 Perrineville Rd. Open on Saturday & Sunday

8:00 a.m. - 1:00 p.m.

For additional sites within Monmouth County, please visit www.visitmonmouth.com/page.aspx?ID3021

> It's nice to be important, but it's more important to be nice.

~Author Unknown

### 

Are you interested in being part of your town's *Bulletin*? Join the volunteer team as a reporter, editor, writer, poet, or photographer--full-time or part-time--whenever you have something to contribute. Join us! Share a story about living in this unique community or a bit of Roosevelt history. Write reviews of RAP events. Report the happenings at public meeting. Share a poem you wrote, your photographs of scenes in town, your recipes, your ideas on subjects of interest to your fellow Rooseveltians.

The *Bulletin* provides you with an opportunity to be a part of a team of dedicated volunteers providing a service to Roosevelt, in an ongoing community project that has been providing residents and friends of Roosevelt with town events, news, and recipes for good meals for over 30 years.

Contact us: www.boroughbulletin.org or 609-918-0606



### "EVERYDAY ROOSEVELT" WORD SEARCH

т	В	С	Е	V	Α	W	0	R	С	I	Μ	Ν
Е	I	Η	С	F	Ε	D	С	В	Α	W	Χ	Υ
Κ	Y	L	I	Μ	Α	F	U	R	W	0	R	Κ
R	R	Χ	F	V	U	S	R	Ε	Ρ	Ρ	U	S
Α	D	Ε	F	Т	Η	G	Т	Α	D	R	L	Α
Μ	Ν	Ε	0	т	U	U	W	Κ	R	Е	0	Η
R	U	F	Т	н	Μ	J	Κ	F	Е	Н	0	С
Е	Α	F	S	Μ	Η	G	F	Α	W	Т	Η	Ν
Ρ	L	0	0	н	С	S	Ε	S	0	Α	С	U
U	Η	С	Ρ	Κ	L	т	Ν	Т	Η	Е	S	L
S	I	Η	G	R	Ε	Ρ	Α	Ρ	S	W	Ε	Ν
WEA SCH	· · · —	(2X)	) –	REA LAU	NDF	RΥ		MILY		NEW	SPA	

I love Buffalo-style chicken wings, but I don't care for the extra spicy or very hot sauce they are often covered in. I found a recipe that gives a lot of flavor, a bit less heartburn, and a few less calories. Instead of frying them as some recipes call for, sometimes I cook the wings on the grill but usually bake them in the oven. You can steam the wings first to cut down on baking or grilling time. I use Goya brand hot sauce which is not as hot as some of the other brands but still has a lot of flavor and, instead of making the dipping sauce for the celery from scratch, I use Marie's brand chunky blue cheese dressing.



Twelve chicken wings Cooking oil 1/4 C (1/2 stick) butter 3-5 T Goya brand hot sauce 1 T vinegar Marie's brand blue cheese dressing Celery

Fire up the grill or preheat oven to 425 degrees.

Cut up chicken wings at the joints. You can freeze the wing tips for making soup/broth at a later time.

Brush wings with a little cooking oil and grill until done or place on a baking sheet and bake for 30-40 minutes or until golden brown and done, turning them over once.

While wings are cooking, cut up some celery sticks, put blue cheese dressing in a bowl, and refrigerate to chill.

After wings are cooked, melt the butter and then mix in the hot sauce and vinegar adjusting the ratio to taste.

Serve with chilled celery sticks and blue cheese dressing.

Enjoy.



T = tablespoon tsp = teaspoon C = cup

Dear Readers,

If you have a favorite recipe that you would like to share with our other readers, please upload the digital file at www.boroughbulletin.org with the upload file button for consideration.

Thank you!

### **BUSINESS SPONSORS**

The *Bulletin* publishes free-of-charge public information listings from Roosevelt residents and businesses, and from those in the immediate vicinity with ties to Roosevelt. Write: Roosevelt Borough Bulletin, Box 221, Roosevelt, NJ 08555. Contributions are appreciated and are tax-deductible (suggested: \$50.00/year, \$60.00 if over 5 lines.) Deadline is the 15<sup>th</sup> of each month.

### AUTOMOBILE SERVICING

### COMPACT KARS

3 Trenton Lakewood Road, Clarksburg, NJ 08510 Complete Mechanical & Auto Collision Repairs/Towing/Select Used Cars 609-259-6373

### LANE TIRE CENTER

Complete Auto Care Center All Work Guaranteed/Foreign & Domestic 387 Mercer St., Hightstown 448-9500

### HOME IMPROVEMENT CONSTRUCTION, ET AL

### GREG DEFOE

Handyman Service Interior/Exterior Painting Complete home repairs and renovations Fully insured **PROMPT RESPONSE GUARANTEED** 80 Pine Drive, Roosevelt, NJ 08555 609-448-4883 cell: 609-577-4081 gdefoe123@verizon.net

### **36** EAST WINDSOR FLOOR COVERING

We've got your entire floor covering needs \*\*WOOD\*\*VINYL\*\*TILE\*\*CERAMIC\*\* Wall-to-Wall Carpets, 888 Area Rugs Two locations to serve you better East Windsor Hamilton 609-443-6999 609-890-6111

MICHAEL D. PRYZCHOCKI, GENERAL CONTRACTOR, INC. Small Job to Total Construction. Roofing, Additions. Renovations – Bathroom, Kitchens, Remodeling – Major and Minor Repairs. References Available. Fully Insured, Free Estimates, Certified Contractor. 10% Senior Citizen Discount 448-2180 N.J. Lic. #13VH01307200

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Ceramic Tile Free Estimates 448-0154 Fax 448-1122

State License #13VH00923900 Fully Insured

TOM ORLANDO PLUMBING & HEATING Master Plumber's License #12179 Fully Insured & Bonded Total Bathroom Renovation Sewer Line or Water Service Replacement Hot Water Boiler Replacement or Repair Repair Faucets, Toilets, Hose Bibbs, etc. 609-903-6488

Dr.K's DesignScapes Inc. P.O. Box 516, Roosevelt, NJ 08555 (609) 448-1108 / (732) 939-2085 www.drk-s.com / Fully Insured & Licensed Craig Kaufman, President Rutgers Landscape Architecture Graduate Snow Plowing & Snow Removal Lawn Mowing / Tree Removal / Pruning Designs / Planting Plans / Landscape Lighting Spring & Fall Clean-Up Mulch / Stone / Top Soil Gutter Clean-Out / Power Washing Fertilizing & Weed / Pest Control Driveways / Retaining Walls Concrete Staining / Sealing Patios Natural Stone & Concrete Pavers Landscape Lighting Fencing / Fire Wood

### SPECIALTIES

PET SITTER Fully Insured 609-448-8682 Discount to Roosevelt Residents Jaymie Witherspoon

PET PLEASERS Dog Training Services Certified Dog Trainer Pet Sitter Boarding & Grooming 609-426-4209

### MENDIES FAMILY FARM

65 N. Rochdale Ave., Roosevelt Year-Round Farming Community-Supported Agriculture (CSA) Spring/Summer & Winter CSA memberships (609)-820-8809 • www.mendiesfarm.com

### ATTENTION ROOSEVELTIANS!

We have been handling houses in Roosevelt on every street in town since the early 1940's. Let us show you how we can save you money. THE ADLERMAN AGENCY, INSURORS 317 Forsgate Dr., Monroe Twp., NJ 08831 (609) 655-7788 Mel A. Adlerman CLU, CPIA

THE BANK OF AMERICA in East Windsor The *Bulletin* Bank

### MUSIC

GUITAR INSTRUCTION Age 7 & up David Brahinsky: 443-1898 STORYTELLING & FOLK SINGING AVAILABLE FOR PARTIES.

### PERSONAL CARE

### TAI CHI CLASSES

Relaxation & Balance for all ages Wednesday morning – 9 to 11 a.m. Thursday night – 7 to 8 p.m. At the Borough Hall Call June Counterman 448-3182

### MATH TUTORING

### ROOSEVELT STUDENTS:

Elementary through College Do you occasionally need help with math homework or help preparing for a test? Call Mary Tulloss (Retired H.S. Teacher) for appt.: 609-448-5096 Tutoring provided at no charge in loving memory of Sarah Tulloss.

NON-PROFIT ORG. U.S. Postage PAID Freehold, NJ Permit No, 6

### PRSRT STD Postal Customer Roosevelt, NJ 08555-0221



12:30 p.m.Seniors Blood pressure check, Boro Hall

Jane Rothfuss, Chair. 448-3713

7:00 p.m. Council Action Meeting, Borough Hall, Beth Battel, Mayor, 448-7701

Jack Rindt, Captain, 448-9475

Meet at Post Office (see page 5)

Planning Board, Borough Hall, Jane Rothfuss, Chair. 448-3713

7:30 p.m. Environmental Comm. Mtg., Boro Hall Stu Kaufman, Chair. 448-4921

First Aid Squad, Business meeting, Jeff Klein, President, 448-0509

Margaret Schlinski, President, 448-4865

o

1:00 p.m. Seniors Meeting, Borough Hall

7:30 p.m. Planning Board, Borough Hall,

RECYCLE

8:00 a.m. First Aid Squad, Training,

10:00 a.m. All Roosevelt CLEAN-UP DAY

RPS, Early Dismissal, Parent Conferences

RPS, Early Dismissal, Parent Conferences

7:30 p.m. Roosevelt String Band, Borough Hall (See page 12 for more details.)7:00 p.m. Council Action Meeting, Borough Hall,

Beth Battel, Mayor, 448-7701

APRIL 2 Tues.

8 Mon.

10 Wed.

14 Sun.

16 Tues.

17 Wed.

18 Thurs.

22 Mon.

19 Fri.-20 Sat.

7:30 p.m.

8:00 p.m.

M A Y4 Sat5 Sun.RAP 25th Anniversary Celebration (see page 12)5 Sun.8:00 a.m.7 Tues.12:30 p.m.Seniors Blood pressure check, Boro 1:00 p.m.7 Tues.12:30 p.m.Seniors Blood pressure check, Boro 1:00 p.m.8 Wed.RECYCLE13 Mon.7:00 p.m.7:00 p.m.Council Action Meeting, Borough Hall, Jane Rothfuss, Chair. 448-37138 Wed.RECYCLE13 Mon.7:00 p.m.15 Wed.7:30 p.m.Planning Board, Borough Hall, Jane Rothfuss, Chair. 448-492115 Wed.7:30 p.m.Planning Board, Borough Hall, Jane Rothfuss, Chair. 448-492121 Tues.7:30 p.m.Planning Board, Borough Hall, Jane Rothfuss, Chair. 448-3713 8:00 p.m.8:00 p.m.Planning Board, Borough Hall, Jane Rothfuss, Chair. 448-3713 8:00 p.m.22 Wed.RECYCLE7:30 p.m.Environmental Comm. Mtg., Boro Stu Kaufman, Chair. 448-492121 Tues.7:30 p.m.22 Wed.RECYCLE7:30 p.m.Environmental Comm. Mtg., Boro Stu Kaufman, Chair. 448-492127 Mon.RPS Closed, Memorial Day	0		24 Wed.
4 Sat5 Sun.RAP 25th Anniversary Celebration (see page 12)5 Sun.8:00 a.m.First Aid Squad, Training, Jack Rindt, Captain, 448-94757 Tues.12:30 p.m.Seniors Blood pressure check, Boro 1:00 p.m.Seniors Meeting, Borough Hall Margaret Schlinski, President, 448- 7:30 p.m. Planning Board, Borough Hall, Jane Rothfuss, Chair. 448-37138 Wed.RECYCLE13 Mon.7:00 p.m.Council Action Meeting, Borough B Beth Battel, Mayor, 448-770115 Wed.7:30 p.m.Environmental Comm. Mtg., Boro Stu Kaufman, Chair. 448-492121 Tues.7:30 p.m.Planning Board, Borough Hall, Jane Rothfuss, Chair. 448-37138:00 p.m.First Aid Squad, Business meeting, Jeff Klein, President, 448-050922 Wed.RECYCLE7:30 p.m.Environmental Comm. Mtg., Boro Stu Kaufman, Chair. 448-492121 Tues.7:30 p.m.8:00 p.m.First Aid Squad, Business meeting, Jeff Klein, President, 448-050922 Wed.RECYCLE7:30 p.m.Environmental Comm. Mtg., Boro Stu Kaufman, Chair. 448-492127 Mon.RPS Closed, Memorial Day	f Ed, RPS Lobby, ner, President, 903-1061	7:30 p.m. RPS Board of Ed, RPS Lobby, Natalie Warner, President, 903-1061	
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13 Mon. 7:00 p.m. Council Action Meeting, Borough I Beth Battel, Mayor, 448-7701   15 Wed. 7:30 p.m. Environmental Comm. Mtg., Boro Stu Kaufman, Chair. 448-4921   21 Tues. 7:30 p.m. Planning Board, Borough Hall, Jane Rothfuss, Chair. 448-3713 8:00 p.m.   8:00 p.m. First Aid Squad, Business meeting, Jeff Klein, President, 448-0509   22 Wed. RECYCLE   7:30 p.m. Environmental Comm. Mtg., Boro Stu Kaufman, Chair. 448-4921   27 Mon. RPS Closed, Memorial Day	ting, Borough Hall hlinski, President, 448-4865 ard, Borough Hall,	1:00 p.m.	7 Tues.
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7:30 p.m.Environmental Comm. Mtg., Boro Stu Kaufman, Chair. 448-492127 Mon.RPS Closed, Memorial Day	ss, Chair. 448-3713 1ad, Business meeting,	-	21 Tues.
Stu Kaufman, Chair. 448-492127 Mon.RPS Closed, Memorial Day	0		22 Wed.
	tal Comm. Mtg., Boro Hall 1, Chair. 448-4921	7:30 p.m.	
28 Tues. 7:00 p.m. Council Action Meeting Borough	Memorial Day		27 Mon.
Beth Battel, Mayor, 448-7701		7:00 p.m.	28 Tues.

April 10, 24 •

May 8, 22

Roosevelt Borough meetings dates are also posted in the Borough Hall and the bulletin board in the Post Office.

An electronic calendar was installed on the Roosevelt Board of Education's website containing information about state testing, upcoming field trips, events and additional pertinent information. Learn more about all of the happenings in our school, visit RPS website: www.rps1.org

Please submit meeting dates, time and information to: mcmacher@comcast.net