# Bulletin

24

Volume 25 Number 1

October 2000

# BOROUGH COUNCIL NEWS

## Council Shift as Trachtenberg Replaces Stiles; No West Nile Virus Found in Local Crows

by Michael Ticktin

n a development that may have significant local political repercussions next year, Councilman Michael Stiles resigned from the Council after moving out of Roosevelt at the beginning of July. As required by law, the local Democratic committee, which consists of Ann Baker and Kirk Rothfuss, presented a list of three names of possible successors to the Council, those named being Democratic Council candidates Neil Marko and Jeff Hunt and Judith Trachtenberg, an attorney who specializes in working with nonprofit organizations and has been serving as counsel to Fund for Roosevelt, Inc. The Democratic committee also designated Ms. Trachtenberg to appear on the November ballot as the party's candidate for Mr. Stiles' unexpired two-year term.

At its August meeting, the Council unanimously selected Ms. Trachtenberg to fill the position until November. Before casting his vote, however, Councilman Paul

Hoogsteden protested the fact that the Democratic committee had not listed Planning Board member Joe Zahora, who had been a candidate in the June Democratic primary, as one of the three choices.

Last winter, when Mayor Michael Hamilton assumed office, he found himself at odds with the Council over the appointment of a municipal attorney. The Council unanimously refused to confirm his appointment and, after 60 days had expired, as provided by law, it made the appointment itself. With the appointment of Ms. Trachtenberg, there is now one Council member who has been a supporter of Mr. Hamilton. Since both Mr. Marko and Mr. Hunt have similarly expressed their support for him, the effect of Mr. Stiles' resignation is to create the possibility that Mr. Hamilton will have enough support on the Council this coming January to ensure confirmation of his appointments in the event of any disagreement with the rest of the Council.

#### **ずんずんごずん**

In response to concern expressed by members of the community who encountered several dead and dying crows on Farm Lane, the Monmouth County Board of Health performed tests to determine if the birds were infected with

Linke Selling Committee

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## **ANNOUNCEMENTS**

The 2000-2001 Roosevelt Borough Bulletin

Here we are again, ready, willing and able after our vacation during August and September to begin to keep our readers up-to-date on what goes on in Roosevelt.

As always, except for no January issue, we will publish an edition every month through July, 2001. Your articles and letters are invited. Deadline is the fifteenth of each month for the edition that comes out during the first week of the following month. It's your paper - make the most of it!



Please Note:

Our usual Contribution Page will be resumed next month when we will be adding the names of those who we hope will respond to our Fund Appeal, to those of McCaffrey's Super Market and Michelle and Leonard Hillis, who have graciously given us grants.



#### COMING EVENTS IN NOVEMBER

#### MICROLOGUES

The Roosevelt Arts Project presents an evening of Judith McNally's "Micrologues," (short dialogues and mini-plays), Saturday, November 4, at the Roosevelt Borough Hall, 8 p.m.

The "Micrologues" - so dubbed by the Trenton Avant-Garde Fest - are an eclectic collection ranging from the humorous to the sublime. The evening features world-premiere performances.

Performing with Ms. McNally will be guest artist Michele Bautier, former Broadway singer and actress, David Herrstrom, spoken voice, David Brahinksy, spoken voice and sitar. Brad Garton's computer-generated ambient sounds will be featured as interludes between dialogues.

Tickets: \$6, seniors/students, \$4.

#### A NEIGHBORLY SALUTE

To benefit the Roosevelt Borough Bulletin, Anita Cervantes has kindly agreed to perform a solo Piano Recital at the Borough Hall on Friday, November 10th at 8 p.m. It will feature some of the Mexican music she will be playing at a November 3rd concert at the Smithsonian Institute in Washington, D.C. as well as the music of New Jersey composers Olga Gorelli, Laurie Altman and Brad Garton.

Ticket: \$10, seniors/students \$5.

A wonderful opportunity to hear one of our favorite artists as well as to bring some much needed funds into our coffers.

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Calendar & Breaking Bread art by Guest Artist Deirdre Sheehan

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# FROM THE MAYOR'S CHAIR

New Jersey State Law (N.J.S.A. 40A:60-5), states that "the mayor shall be the head of the municipal government" and "shall recommend to the Council such measures as he may deem necessary or expedient for the welfare of the borough."

by Mayor Michael Hamilton

Ithough this summer was one of the wettest ones on record, I trust that everyone found a few sunny days to enjoy. It was a change, at least, from the dryness of last summer and the woodlands that surround us never looked greener. However, rain or shine, these last few months have been a busy time for Roosevelt's borough government.

Welcome to a new Council member - At the Council's August action meeting, Judy Trachtenberg was sworn in to fill the unexpired term of Councilman Michael Stiles, who resigned his seat when he moved out of Roosevelt. This seat will be filled by Councilwoman Trachtenberg until the general election in November. The winner in the election for this unexpired term will take office as soon as the election results are certified and will serve until the end of 2002. Ms. Trachtenberg is an attorney who works with non-profit organizations.

Development litigation - Last year, the Planning Board denied a developer's application to build 65 houses in the fields located near the cemetery. PCD-1 (also known as the Notterman tract). PCD-1 was originally zoned for 54 houses. The application was denied without prejudice, which allows the developer to reapply.

The landowners have sued the Planning Board and the Borough Council, requesting monetary damages resulting from the denied application. Over the summer, the Planning Board engaged in the delicate work of trying to craft an agreement between the parties. The New Jersey Open Public Meetings Act provides for public bodies to hold closed sessions in cases where the matter under discussion directly involves litigation, and where such matters could affect the public interest if disclosed. Certainly, this law provides for discussions regarding the constructing of a possible agreement and legal strategy on behalf of the Planning Board.

The Notterman's attorney has protested a public forum of matters involved in this case, indicating that such discussions would not be fruitful. The Planning Board's experienced land-use attorney, Michele Donato, advised the board to discuss the case in closed session. Closed sessions of Planning Board meetings are limited only to matters relating to this pending litigation. All other substantive business of the board is conducted in public, in accordance with the law.

The Nottermans requested that a trial date before a judge, originally scheduled for September 13, be postponed. The hearing was rescheduled for Wednesday October 25, which will be held at the Freehold Court House. Members of the public may attend that hearing Of course, everyone is welcome at all Planning Board meetings.

Borough finances and procedures - Since taking office in January, I have been analyzing Roosevelt's finances and borough procedures related to taxation, investment and spending. I have refused to sign vouchers and checks for Borough expenditures that I deemed to be excessive, unwarranted or improper in any way. All purchases requiring vouchers, and all checks issued by the Borough to vendors, require the Mayor's signature and approval. For example, I refused to sign a voucher to purchase a new \$5,500 lawnmower for the Borough because this expenditure was not specified in the town's budget. There was little, if any, discussion either in committee or in public, of the need for this expensive lawnmower. A Councilman who decided that it was needed, purchased it. There have been other vouchers that I refused to sign for similar reasons.

The Council holds the public's money in trust. Our borough finances should be managed as carefully as our own household finances. Public funds should be evaluated and expended with great care.

New Jersey review of municipal finances - The State of New Jersey offers municipalities free services through its Local Government Finance Review Board. This agency reviews municipal finance practices and suggests opportunities that may have been overlooked to save

#### BOROUGH COUNCIL NEWS

Continued from Page 1

the West Nile virus. At its September meeting, the Council presented a report from the Board of Health indicating that the tests had proven negative. As further response to West Nile concerns, Environmental Commission chairman Rod Tulloss submitted a report summarizing available information on the problem. Most interesting, Mr. Tulloss learned that the crows who frequent this area during the day roost in Staten Island at night; and, the mosquitoes that transmit the West Nile virus only bite birds at night. Thus, the crows would not have posed a threat to humans or other animals even if they had been infected.

Mayor Hamilton reported that the Panhandle Mayors' Association, which consists of the mayors of Roosevelt, Millstone, Upper Freehold and Allentown, had formed a school regionalization task force that includes representatives of the three school districts that serve the four municipalities. Through Assemblyman Malone's office, the

group has received a \$75,000 grant to study issues related to possible regionalization. The money will be used to hire consultants. The mayors are also looking into ways of coordinating and sharing emergency management services, so that better service can be provided to all at lower cost. Mr. Hamilton also recommended that we work to avoid duplication locally by having our own school board and municipality do joint purchasing and otherwise share services.

The Council was surprised to learn that Deputy Clerk Nancy Warnick, who has served the Borough since 1984, would be resigning effective October 1 to accept a position with Millstone Township. Councilman Harry Parker announced, for the administrative committee, that the Council will advertise shortly to fill the position.

Councilman John Towle reported that the finance committee has requested information from the chief financial officer and the auditor concerning the return that is being earned on the Borough's bank deposits. He also reported that a \$25,000 public works grant has been received from the State and added to the budget and that ongoing budget reports are available for review by any interested member of the public.

Mayor Hamilton issued a proclamation declaring the week of October 15 through 21 to be "Radon Awareness Week" and urging all those who have not done so to test their homes for radon. Radon is a colorless, odorless radioactive gas that can enter homes through cracks in the foundation. It has been found to be a cause of lung cancer. Radon tests are easily performed and abatement is not likely to be particularly costly in most cases. Councilwoman Judith Trachtenberg, speaking on behalf of the environment, health and safety committee, pointed out that a local resident, Jill Lipoti, is the State DEP official in charge of the radon program and that she has expressed her willingness to discuss radon issues with anyone who needs more information.

#### FROM THE MAYOR'S CHAIR

Continued from Page 3

taxpayers' money. The review is provided at no cost to any school board or municipality that requests it. Recently, the Roosevelt Board of Education decided to accept this service. The Board applied for the review after examining the agency's completed financial reports of other school districts, and after interviews with administrators of those districts.

A recent review by the Local Government Finance Review Board for Princeton Borough, for example, resulted in suggestions by the agency, which (if implemented), could save taxpayers almost three million dollars. Recently I met with Richard W.
Reilly, a team leader for the Local
Government Finance Review Board,
and I am preparing an informational
packet for members of our Borough
Council detailing this opportunity.
For Roosevelt to participate in this
program, our Council must pass a
resolution supporting the review
process. The Borough will then be
put on a waiting list until the state
team can begin their review. Citizens
can learn more by visiting the Local
Government Finance Review website
at www.state.nj.us/lgbr

Western Monmouth County Mayors continue to share ideas. I have continued to meet with the Mayors of Millstone, Upper Freehold

and Allentown to discuss ways of working together. Because of our meetings, we have been able to form a school regionalization task force to examine the feasibility of regionalization, and we obtained \$75,000 from the state to pay for the study. As Mayor of Roosevelt, I have been chosen as the spokesman for this ad hoc mayors' committee. We are also looking for ways to improve our fire and first aid emergency services. A September 19 meeting was scheduled with the heads of our emergency services management teams to share information and ideas. Ed Miller, our Emergency Management Coordinator, accompanied me to this meeting, the results of which will be reported in next month's article.

## PLANNING BOARD NEWS

## Nottermans Reject Board's Secret Settlement Proposal

by Bob Clark

lanning Board Attorney Michele Donato reported at the Board's July 12 meeting that Daniel and Abby Notterman rejected "out of hand" the Board's May proposal for settlement of the Nottermans' lawsuit against the Board. Noting that the rejection came within 24 hours of the receipt of the settlement proposal by the Nottermans' attorney, Ms. Donato added, "I don't think they gave it any legitimate consideration at all." She concluded, "I don't think they had the slightest intent to enter into good faith settlement negotiations."

The Nottermans sued the Board in January in response to its rejection of an application by the Matzel and Mumford Organization to subdivide the Nottermans' 110-acre tract into 65 residential building lots. The Nottermans later added the Borough Council as a defendant. Ms. Donato reported that the claims involving the Council's zoning decisions concerning the property have been severed from the trial, which is now scheduled to take place at 10:30 a.m. on October 25 before Superior Court Judge William Gilroy at the Monmouth County Court House in Freehold (West Wing, #214). The Council set aside \$10,000 in the 2000 budget to pay for Ms. Donato's services to the Planning Board and \$20,000 for Special Counsel Edwin Schmierer to represent the Council in the litigation.

By a 5-4 vote on May 10, the Board denied the public an opportunity to read and comment on the settlement proposal before submitting it in final written form to the Nottermans. On July 12, the Bulletin requested a copy of the final proposal that the Nottermans had received from the Board and rejected. Ms. Donato said she would let Board Chairwoman Gail Hunton know whether the document could be released to the public.

Having not heard from Ms. Hunton, the Bulletin again requested access to the final settlement proposal at the Board's August 2 meeting. Ms. Donato did not attend that meeting, and Ms. Hunton said she had forgotten about the previous month's request. She said she would ask Ms. Donato whether the proposal could be released to the public. Again having not heard from Ms. Hunton, the Bulletin made a third request for the proposal at the Board's September 6 meeting. Again, Ms. Donato was not present. By consensus, but without taking a vote, the Board delegated to Ms. Hunton the task of determining Ms. Donato's position on continued secrecy of the proposal. Ms. Hunton was to advise Ms. Donato of the Board's preference that the proposal be made public unless some compelling reason existed for not releasing it. Some members concluded that revealing the proposal to the Nottermans had substantially eliminated any need for maintaining secrecy, especially considering the public's interest in knowing the Board's positions on development details affecting the Notterman property and, consequently, the rest of the Borough.

On September 7, Ms. Hunton informed the *Bulletin* that Ms. Donato considered the proposal to be confidential and outside the provisions of New Jersey's Right-to-Know

law. Ms. Hunton did not mention whether Ms. Donato took a position on the public's common law right to view such documents. In comparison to other states, New Jersey has a very restrictive Right-to-Know law. A bill pending in the Legislature would modernize New Jersey's statute and provide the same kind of public record "sunshine" enjoyed by residents of other states.

Meanwhile, access to documents created by official bodies also is governed by common law principles. In such cases the courts apply a balancing test to determine whether the right to the information outweighs any interest in confidentiality. In 1985, the New Jersey Supreme Court stated how the balance should be struck:

"If the reasons for maintaining confidentiality do not apply at all in a given situation, or apply only to an insignificant degree, the party seeking disclosure should not be required to demonstrate a compelling need."

Ms. Hunton forwarded a copy of a September 12 letter from Ms. Donato to the Nottermans' attorney, Laurence Rothstein. The letter states:

"The Planning Board has received several requests from a newspaper writer for the local paper asking that the proposed settlement agreement be released to the public. I previously explained that the proposed agreement was a confidential document. However, the Board has requested that I communicate with you to determine whether your client would consent to permitting the

# NOTICE TO RESIDENTS LARGE GARBAGE PICK-UP MONDAY, OCTOBER 16, 2000

WASTE MANAGEMENT WILL COLLECT
ALL ITEMS NOT NORMALLY PICKED UP ON THEIR REGULAR RUN:
WASHERS, DRYERS, WATER HEATERS, OTHER LARGE APPLIANCES,
FURNITURE, TREE LIMBS AND SCRAP WOOD..

PLEASE REMEMBER!!!! NO EXCEPTIONS WILL BE MADE.

- 1. DOORS MUST BE REMOVED FROM REFRIGERATORS OR FREEZERS AS A SAFETY PRECAUTION.
- 2. ITEMS WHICH WILL NOT BE ACCEPTED: CONSTRUCTION/DEMOLITION MATERIALS; TIRES; PAINT CANS; CAR MOTORS; SMALL MACHINES, SUCH AS LAWN MOWERS IF THERE IS GAS OR OIL INSIDE THE MACHINE; LAWN DEBRIS; STONE OR CONCRETE PRODUCTS; BATTERIES & OTHER HAZARDOUS WASTE MATERIALS; RECYCLABLES.
- 3. TREE LIMBS & SMALL SCRAP WOOD MUST BE CUT, BUNDLED AND TIED OR PLACED IN DISPOSABLE CONTAINERS TO ALLOW FOR EASY PICK UP AND BE NO GREATER THAN 4 FEET IN LENGTH. ALL SMALL ITEMS MUST BE PLACED INSIDE A DISPOSABLE CONTAINER OTHER THAN CARDBOARD BOXES LIGHTWEIGHT ENOUGH TO BE LIFTED BY EMPLOYEES.

DO NOT PLACE YOUR TRASH ON THE CURB PRIOR TO SATURDAY. PLEASE MAKE SURE THAT YOUR TRASH IS OUT NO LATER THAN EARLY MONDAY MORNING: PICK UP WILL START AT 6:00 A.M.

ALL ITEMS WHICH ARE NOT PLACED AT THE CURBS IN CONFORMANCE WITH THESE GUIDELINES WILL NOT BE PICKED UP, AND SHOULD BE REMOVED FROM THE CURB IMMEDIATELY.

SHOULD YOU HAVE ANY QUESTIONS CONCERNING THIS MATTER, PLEASE CONTACT SUPERINTENDENT OF PUBLIC WORKS, AT 448-5745.

MONMOUTH COUNTY'S PERMANENT HOUSEHOLD HAZARDOUS WASTE FACILITY. CALL FOR AN APPOINTMENT: 908-922-2234.

Hours: 8:30 - Noon and 1:00 - 3:30 Tuesday through Saturday

## SCHOOL NEWS

#### **RCNS News**

October, 2000

by Ginny Weber

Hooray! We're back at school for a new school year! We're even more excited this year because our classroom has been completely renovated and looks brand new. We are so happy to meet new friends and learn new things in such a wonderful environment.

In September, our emphasis was on making new friends and how to be a good friend. Respect and responsibility are two concepts that we will stress for achieving that goal.

Our class will also learn about the autumn season and all the changes it brings. We will discover how animals live differently as cool weather approaches, as well as how our environment changes.

Fall is a perfect time to learn about apples and how they are grown. We will even make some applesauce to enjoy.

We all know everyone loves ice cream! The first ice cream cone was patented on September 22, 1903. To commemo-

rate that special day, we made ice cream for a special snack.

We are planning our annual trip to the pumpkin patch for pumpkin picking and a hay ride. We will learn all about pumpkins and corn and the fall harvest. The children love to make a jack-o- lantern in preparation for Halloween.

Our junior firefighters will learn about fire safety when Chief Kim Dexheimer comes to visit our school in the fire engine. The children are always very excited to see all the equipment and the fire truck. We will also make fire hats to wear.

October is National Pizza Month. The children "design" their own pizzas. As a special treat, we would like to visit Rossi's as we did last year. The children help to make their own pizzas and really enjoy it.

As the children eagerly await Halloween, we will learn about bats and other nocturnal animals as well as spiders and their unique way of life. We culminate October with our annual Halloween parade and party, which is a fun day for everyone!

#### PLANNING BOARD NEWS

Continued from Page 5

proposed settlement document to be released for public inspection and copying."

The letter did not mention the Board's desire that a compelling reason be cited to justify continued secrecy. By the time of the deadline for its current issue, the *Bulletin* had received no information about any reply to Ms. Donato's letter from the Nottermans or their attorney. In other business, the Board unanimously agreed to change its regular monthly meeting dates from the second Wednesday of each month to the first Wednesday, commencing in August. Ms. Donato requested the change to accommodate her schedule.

The Board voted 5-3 on July 12 to approve rear and side yard variances to permit Marvin and Karen Block to build an extended deck at their Elm Court house. The zoning ordinance requires 20- foot setbacks from adjoining properties, and the setbacks for the new deck ranged from five to 15 feet. The Board granted the variances to relieve a hardship due to an irregular lot shape and because the

deck's modest height made it not much different from a patio or walkway. Some Board members expressed concern that the applicant had completed most of the construction before submitting the application. Mayor Michael Hamilton, members Michael Ticktin and Louis Esakoff, Councilman Harry Parker, and alternate Ralph Seligman voted in favor of the application. Chairwoman Hunton, member Kate John-Alder and alternate Jane Rothfuss voted against granting the variance. Vice Chairman Joseph Zahora and member Mark Roberts were absent.

On September 6, Carol Watchler, a neighbor of the Blocks noted that after a recent heavy storm more puddles appeared in her back yard than ever before during the 23 years she has lived in her house. She said she thought the additional impervious surface created by the Blocks' deck project might have caused the problem. The Board asked its Secretary, Ann Kasahun, to copy official requirements for review by the Board at its October 4 meeting. Ms. Hunton asked Ms. Watchler to determine whether the Building Inspector gave final approval for the project,

#### SCHOOL NEWS

## From the Office of the CSA, Dr. Dale Weinbach

Dale Weinbach

would like to extend my sincere gratitude to several people who contributed to the welfare of our school this summer. Robert Mueller's gift of a large wood carving of Martin Luther King, Jr., is displayed in the main office. Two photographs of pictures done by Ben Shahn, now displayed in the computer lab, were given to us by Greg McGrath. We were able to open the library every week because of the time given by our volunteers Kay Drury, Robin Gould, Sam Adlerman and Matthew Marko. Wiska Radkiewicz is working diligently to fund a program that she will bring to our students that involves music, students in France and Columbia University.

The volunteer library committee has planned an outstanding series of programs for the library this year. First of all, the library has been stocked with all new books for circulation. Library hours will be Wednesday evenings from 7:00-8:30, and Thursday afternoons from 12:15 -1:00. The computer lab will be available on Wednesday evenings. On the second Wednesday of each month a foreign film will be shown; Dolores Chasan is coordinating this series. A Roosevelt audience enjoyed the Portuguese movie, Central Station, that was shown in September. Tentative scheduling for films is:

> Antonia's Line (Dutch) October -November - Dark Eyes (Italian) December - Flamenco (Spanish)

Thanks to Helen Barth, a special program is scheduled for the last Wednesday of each month. This month, on September 27, a storyteller was in the library to amuse students and parents alike. Please watch the town bulletin board for announcements for the library. Programs are free, and all are welcome.

The Board of Education has invited the Local Government Budget Review into the school to examine all school operations. This agency operates under the Department of the Treasury, and its mission is to thoroughly examine school operations to help districts operate in the most cost efficient manner possible. This agency works on an "invitation only' basis. The four member team began on September 11, and will be in the school for about four weeks. After this time, a report will be generated, and we are eager to learn of their recommendations.

Many new programs will be implemented in school this year. We are especially focusing on language literacy and character development.

The PTA Book Fair is scheduled for October 18 & 19. This is a wonderful opportunity to buy books for children of all ages while supporting the Roosevelt PTA. Please visit.

Anyone interested in volunteering during school hours, please feel free to contact me. It promises to be an exciting, productive school year.

This excerpt has been adapted from "Command Performance: An Actress in the Theater of Politics" by Jane Alexander:

When we teach a child to sing or play the flute, we teach her how to listen. When we teach her to draw, we teach her to see. When we teach a child to dance, we teach him about his body and about space, and when he acts on the stage, he learns about character and motivation. When we teach a child design, we reveal the geometry of the world. When we teach children about the folk and traditional arts and the great masterpieces of the world, we teach them to celebrate their roots and find their own place in history.

No one will remember or revere the F-22 in 100 or even 200 years, but Shakespeare is performed all over the world 400 years after he began to tell his stories.

Are you taking advantage of the Roosevelt Library in our school? To keep it alive, it needs to be used. As CSA Weinbach has said: "A town library would be a terrible thing to lose!"

## **COMMUNITY NEWS**

## Mayor Hamilton Announces Radon Week

by Judith Trachtenberg

t the Borough Council meeting on September 11, 2000, Mayor Michael Hamilton announced that October 15 through 21 has been designated Radon Action Week by the Roosevelt Borough Council, in cooperation with the New Jersey Department of Environmental Protection (NJDEP) Radon Program.

In announcing Radon Action Week, Hamilton said "Radon is a serious health risk. It is the second leading cause of lung cancer - and the leading cause of lung cancer among non-smokers. But because radon is invisible and odorless, it is easy to ignore this potential hazard in our own homes."

Radon is a radioactive gas that occurs naturally when uranium and radium break down in the soil and in rock formations. Radon gas moves up through the soil and finds its way into homes through cracks in the foundation and opening around pumps, pipes and drains. Luckily, if high levels of radon are found in your home, they can be reduced in a variety of ways and permanent remediation can make your home safe for you and your children.

Roosevelt is a "tier one" municipality (highest risk) and many of our residents have tested their homes for radon.
"A significant number of homes in Roosevelt are predicted to be above the acceptable limits for radon," Hamilton

said. We encourage everyone who hasn't yet tested their home to do so soon, to reduce the radon risk in Roosevelt."

Fortunately, testing for radon is simple and inexpensive. The NJDEP's Radon Information Line at 1-800-648-0394 provides a list of certified companies that provide testing services or do-it-yourself test kits. Test kits can also be obtained at many hardware stores and health departments. If the test indicates a radon problem, radon mitigation systems can be installed at a cost similar to that of other home repairs.

A selection of informative materials is available at the Borough Hall, including a ten-minute videotape on how to test your home. A list of certified mitigation companies is also available from NJDEP at 1-800-648-0394. For more information on radon, contact the NJDEP Radon Information Line.

According to Jill Lipoti of the NJDEP and Roosevelt resident, 45 homes have been tested in Roosevelt, a testing rate above the average for municipalities around New Jersey. A surprisingly high number of those tested (20 of 45 or 44%) had readings above the safe level of 4 picocuries/liter. The highest reported reading was 22pCi/L and the lowest was .2pCi/L.

## Not Quite Farewell, And Welcome

erb Johnson's devotion to *The Bulletin* is legendary. Whenever and/or wherever he is needed, he is there. Not only has he been an active member of our Board of Directors, he has also, until recently, been the reporter of the Borough Council's monthly meetings for many years. But in addition, he is one of the most valued and useful members of our production team that brings the paper to our readers. Now, after so many years of untiring service, he wishes to bow out from some of his functions.

But he will continue his newly acquired role as secretary of the Senior Citizens' Group and will continue to report their activities each month. He will also continue to be part of our production team. We cannot thank him enough for all his past activities and know that he will always be an integral part of *The Bulletin*.

When he notified us that he wished to retire from the Board of Directors, he gave as his reason the idea that we need "younger blood." Taking him at his word, we have recruited Susan Dermody who has agreed to become a Director. She has been part of our production group for some time and we know that she will have much more to contribute in her new role. Thank you for coming on board, Susan. So....while we cordially welcome Susan, we hope that Herb realizes we will not let him go!

# Roosevelt Who's Who September, 2000

		Coptolina	,		
	MAYOR		ROOSEVELT		
	Michael Hamilton	443-5227	PUBLIC	Phone:	448-2798
			SCHOOL	Fax:	448-2681
	COUNCIL				
	John Towle, President	490-0692	Chief School Administrator	Dale Wein	bach,
	Paul Hoogsteden	448-7358	President of School Board		
	Rose D. Murphy	448-5802		Jill Lipoti	). -
	Harry Parker	448-5619	Board members:	Laura Lyni	n Cokeley,
	Judith Tractenberg	426-8867	Dourd Memora	Linda Gray	
	George Vasseur	443-1291		Allen New	
	Council Committees:	113 1271		Ellen Silve	22-717-4358S
	Administration:	Parker, Hoogsteden, Murphy		Linda Silve	
	Community Development:	Hoogsteden, Towle,		David Tick	
	Community Development.	Trachtenberg		Mary Tullo	
	Environmental -	Hachtenberg	PTA President	JoAnne Pa	
	Health & Safety:	Trachtenberg, Towle, Vasseur	1 174 I resident	jornine ru	rker
	Finance:	Towle, Hoogsteden, Parker	OFFICIALS		
	Municipal Utilities:	Murphy, Parker, Vasseur	Superintendent of		
	Public Works:	Vasseur, Murphy,	Public Works	Vacant	
	Fublic Works.	Trachtenberg	Chief Finance Officer	Edward De	ehevec
		Tracitienberg	Treasurer	Ana Debev	
	POPOLICII HALL. 449 05	30	Tax Collector	Salvatore C	
	BOROUGH HALL: 448-0539		Assistant Tax Collector		Bieracka-Olejnik
Krystyna Bieracka-Olejnik, Borough Clerk (H) 426-4339			Michael Ti	50	
	DI ANDUNIC BOARD		Tax Assessor		inkiewicz of
	PLANNING BOARD	220	Borough Accountant	Samuel Kl	
	Gail Hunton, Chair 426-43	338	P		
	Michael Hamilton, Mayor		Borough Attorney	John Ross,	
	Harry Parker, Council Repr		Bond Counsel	_	in, Bennett, Gelson
	Kate John-Alder, Environm		n n. 14	& Cramer	D
	Michael Ticktin, Public Off	ricial	Planning Board Attorney		Donato, Esq.
	Lou Esakoff		Borough Engineer	James Del	
	Paul Henry		Utilities Engineer		sociates, Inc.
	Mark Roberts		Insurance Agency	Danskin A	
	Joseph Zahora		A STATE OF THE STA	75	th County JIF)
	Ralph Seligman (Alt. 1)		Building Inspectors	State of N	
	Jane Rothfuss (Alt. 2)		Housing Inspector	Robert Jor	
	389 W 20 20 20 800	and approximate	Zoning Officer	John Reute	
	Secretary: Ann Kassahun 44	13-4155	Fire Chief	Kim Dexh	
			First Aid		son, President &
ENVIRONMENTAL COMMISSION			Capt. Neil		
	Rod Tulloss, Chair 448-5096		Water/Sewer Collector	Geraldine Millar	
	Michael Hamilton, Mayor		Municipal Court	Diane Can	
	Gail Hunton, Planning Boa			Administr	
	Judy Trachtenberg, Council	l Representative		Melody Ki	
	Wayne Cokeley				lministrator
	Susan Dermody		Municipal Judge	Leslie Tink	der
	Kate John-Alder		Recycling Coordinator	Vacant	
	Kirk Rothfuss		<b>Emergency Management</b>		
	David Schwendeman		Coordinator	Edward M	iller
	Secretary: Ann Kassahun 4-	43-4155	Safety Commissioner	Vacant	

## SENIOR CITIZENS' CLUB NEWS

#### Club Elects New Officers

by Herb Johnson

At the business meeting of the Roosevelt Senior Citizens Club on September 5, the 22 members present elected Gerry Millar to be President. She and the following people named had been nominated for the positions at the August 1 meeting. The business meetings of the Club are held monthly on the first Tuesdays at the Roosevelt Borough Hall, unless holidays or the primaries or elections of government officials cause a one week postponement. All residents of Roosevelt who are at least 55 years of age are invited to join, dues are \$2 per year.

Thelma Thompson was thanked for her service to the club as "acting President" since Jeanette Koffler died in December, 1998. She was elected to be chair of the Membership Committee. Re- elected to positions each held last year were: Dolores Chasan, Treasurer; Herb Johnson, Secretary; Louise Baranowitz, Sunshine Chair; Molly Bulkin, Transportation Coordinator; Florie Johnson as Box Lunch Coordinator.

The scheduled meetings of the Club were Tuesday, September 19 for a shopping trip and lunch at the Freehold Raceway Mall, members going are picked up by a bus at their driveways; Friday September 29 for Box Lunches provided by the Club at the Solar Village Senior Citizens meeting room; and, Tuesday, October 3 for the regular business meeting at the Borough Hall. Trips to a mall are usually every third Tuesday of each month while the box lunches are usually on the fourth Friday of each month.

Birthdays of members in September were celebrated for Dolores Chasan, Gerry Millar and Diana Klein. Leonard Sacharoff, Tamara Galimidi and Louise Baranowitz had birthdays in July. Flori Johnson's birthday was in August. The members showed recognition of those events by singing the Happy Birthday song. Louise Baranovitz reported that she sent a get-well greeting to Louise Rosskam who was hospitalized for several weeks but was transferred to the Merwick Rehabilitation Center on September 5.

Dolores introduced discussion of four topics: (1) The Robert Wood Johnson-Hamilton Hospital offers many programs for seniors: medical specialists to speak at our meetings, swim sessions and others; (2) McCarter Theater in Princeton has group rates of \$9 per ticket for subscrip-

tions to three plays presented at 10:30 a.m. weekdays, call the theater and ask for group sales for information; (3) Foreign made films will be shown on Wednesdays at 7 p.m. at the Roosevelt School Library, which also serves as a branch of the Monmouth County Public Library; (4) The Millstone Club invited us to go on their bus with their members to the Hunterdon Hills Playhouse for the annual holiday season show and dinner. Members who plan to go must pay \$20 each. The Club pays the balance of the cost, \$19 per ticket, for the \$39 charge for the Dinner theater. Twelve members showed they plan to go. It will be on Saturday, December 16. A Pot Luck luncheon was held before the September 5 meeting. For the occasion, Diane Klein brought a large delicious cake with icing that said "Thank You, Thelma." Some other members gave the outgoing Acting President small gifts to express their thanks for her steady commitment and effective leadership. Club membership during the last two years increased from about fifteen to thirty-two members. Meetings, events and trips were held each month. Members sometimes carpooled to go to a diner for breakfast together and then attend a movie at the Town Center Theater. They car polled in August to visit the Great Adventure Safari Park and had lunch at the KFC nearby. In place of the monthly trip to a shopping mall in August, the Club sponsored a bus trip to the Garden State Arts center to see Barbara Cook who sang songs of Broadway and Hollywood. A lunch at the Freehold "Old Country Kitchen" was included.

The Club's Secretary announced that he will bring his guitar to the next business meeting in the Borough Hall, on October 3, with song sheets for a sing-along after he sings two songs he wrote the night after the group attended the Garden State Arts Center show: We went to see the singer Barbara Cook, and This is my song to my grandchildren. They were written, he said, as a result of the enthusiasm inspired by Barbara Cook's performance.

#### TOCOME:

SENIOR LUNCHEON WITH THE 1ST GRADE STUDENTS OF ROOSEVELT PUBLIC SCHOOL FOLLOWED BY THE READING OF STORIES. THIS WILL BE HOSTED BY THE 1ST GRADERS ON TUESDAY, NOVEMBER 14TH at 11:30 A.M.. IF YOU PLAN TO ATTEND, PLEASE CALL GERRY MILLAR 448-0351 BY NOVEMBER 8.

## YOM KIPPUR SERVICES

Congregation
Anshei Roosevelt
announces the
Kol Nidre Services
will start at
6:00 P.M.
on October 9
and
Morning Services
will start at
9:00 A.M.
on October 10.

Shlomo Weiss has returned from Israel to lead services.

#### PLANNING BOARD NEWS

Continued from Page 7

including any grade changes. Mr. Seligman suggested that a committee of the Board check the site. Ms. John-Alder said if the construction created a nuisance, the Blocks could be asked to correct it. She added that applicants should be asked to supply sufficient documentation far enough in advance of consideration of an application for Board members to review it adequately prior to making a decision. Mr. Seligman added that professionals should prepare plans accompanying an application.

Mayor Hamilton and Councilman Parker told the Board in August and September that the Borough Council is seeking suggestions from the Board regarding possible uses for the abandoned service station property. The Board plans to discuss the Borough's parking ordinance at its October 4 meeting and to decide whether to send to the Council any recommendations for changes.

As head of the Master Plan
Committee, Mr. Seligman reported
on September 6 that Planning
Consultant Michael Sullivan now has
a sufficiently up-to-date map to begin
drafting a revised master plan for the
Borough. Ms. Hunton said she would
call upon Mr. Sullivan to provide a
schedule for completion of the master
plan project.

The Board discussed concerns that a household is feeding human food to wild animals. Apparently some of the animals are dying and rats are coming around. Mayor Hamilton suggested that the Monmouth County Health Department be brought in to deal with the situation.

Zoning Officer John Reuter reported that in June Alfred Visintini had been charged by state officials with operating a boarding house on Brown Street without a license.

#### MONMOUTH COUNTY LIBRARY ROOSEVELT BRANCH

HOURS:

WEDNESDAY: 7:00 P.M.—8:30 P.M. THURSDAY: 12:15 P.M.—1:00 P.M.

350 NEW BOOKS HAVE BEEN
ADDED
TO THE COLLECTION WITH MORE
TO COME.

COME AND BROWSE!



#### **COMMUNITY NEWS**

## Thirty Minutes In The Life Of An EX-EMT

by Herb Johnson

It's Labor Day. I get up at 6:45, early for me. I want to read a lot of Labor's Untold Story. It's a 1970 Third Edition of a 1955 book by Richard Boyer and Herbert Morais, who taught history at CCNY when I was there. Louise Rosskam gave me this book three months ago when she and I were hospitalized. Seeing as it is Labor Day, I want to get back to reading the rest of it.

The siren in this town of Roosevelt is wailing a steady call, and then two minutes later another steady wail sounds because no one has yet called in that our First Aid Squad ambulance is in service. It took another minute, I guess, for someone to drive the rig out of the garage and call in to the EMS dispatcher that it was waiting for another EMT, or it was ready to go with two EMTs on board. To clarify terms, "EMS" means Emergency Medical Service which gets the 911 calls for help; "EMT" means a state certified Emergency Medical Technician, a volunteer in this town, who goes to the people needing emergency medical aid; resuscitation of breathing and/or heart beat with CPR or Automated Electrical Defibrillator, transport to a hospital emergency room, or merely first aid assistance.

My EMT certification expired on June 30, 2000, and therefore, I can no longer go out on calls with other volunteer EMT members of the Roosevelt First Aid Squad. I go to the kitchen to start reading. Then the siren wails a third time. That's strange. Twice is all EMS signals it to call, then it calls Hightstown or East Windsor for back-up support if the nearby Millstone Squad had not called in that it was on the way to the "scene." It nearly always calls in promptly. The Millstone Squad had offered a year ago to receive calls for locations in Roosevelt at the same time our siren goes off. It occurs to me that it is a wavering siren call. That is for the Fire Department. I pick up my two-way radio and put my raincoat on, to cover most of my pajamas. A wavering siren calls out a second time. I want to see if I can be of any help, which seems unlikely as my feet are protected by slippers only. I hear the Millstone Squad inform EMS that it arrived at the scene. Roosevelt's Squad was there already but my two-way radio was turned off so I had missed hearing it call in to the 911 dispatcher. I had not heard where the scene was. I make a guess it was sent to the Senior Citizen's Solar Village, which is on the same street my house is on.

I drive that way and see the Roosevelt ambulance in front of a house on Farm Lane, and two Millstone rigs are parked right behind it, flashing their lights as well. I am thinking EMS has called for help for two people. Someone is bringing a gurney (wheeled stretcher) toward the entrance. I decide there are plenty of first aiders here. I wonder where the fire truck went, realizing it wasn't one scene that needed both the fire truck and first aiders. I go down to the fire house. I first see Neil Marko's and Stefanie Miller's cars parked near the open First Aid Squad garage. Two highly qualified and strong EMTs, about 40 and 21 years old respectively, had driven the ambulance to the scene on Farm Lane. Then I see the Fire Department garage is open and vacant. I see Vincent Vignuolo's green pick-up and I think the other vehicle by the garage is Robert Francis' car. I see Sheila Jaeger coming from a walk back to her house across the street from the Fire Department garage. I drive over and ask her if she saw which way the fire truck went. She heard the siren but had not seen the truck leave. Then she says "There's Robert Francis; ask him." I drive back into the parking lot and ask Bob. He says he heard the call was for some place on Route 571, but the truck was gone; he just got his fire fighter's leg protectors on. I say I'll try going north and let him know if I see the truck that way. Sure enough, as soon as I round the curve by the deserted gas station, I see the lights flashing. I return and tell Bob the fire truck is halfway to Kim's house. Kim Dexheimer is the Fire Chief and he may have stopped at the scene on his way to the fire station. I follow Bob and see the problem was a tree or large limb had fallen against a power line and onto the roadway. It is already cleared away as the Clarksburg Fire Company truck comes up Rochdale Avenue (Route 571) from the south, and the Applegarth fire truck arrives from the north. So at least two volunteer back-up fire companies arrive to help Roosevelt's fire fighters, one from Millstone Township and one from Monroe Township. When a house was burning at a south Rochdale address a month ago, at least five fire trucks, a water tanker, and Roosevelt's and Millstone's ambulances were there. This kind of outpouring of aid from volunteer groups is a joy to behold. Today it is the same.

Meanwhile, only twenty minutes passed since the fourth siren wail and I head home. I start turning onto Homestead Lane when I notice five hens in the road by Ed

#### Thirty Minutes In The Life Of An EX-EMT

Continued from Page 13

and Pat Moser's house. I can see immediately they are not turkey vultures but I think they might be merely the highly intelligent, highly communicative crows I have been hearing many mornings early and during the day, or perhaps some of the young turkeys which roam through our town. I back up a little and turn onto Route 571. I drive toward the birds and see clearly they are hens and possibly one rooster. I think they are most likely Len's. I drive toward them and they go into the Moser's yard. I back up. Luckily there is hardly any traffic on the road this early Labor Day morning. I pull into the Guye-Hillis' driveway and ring the bell. Len comes out in his bathrobe. "Oh, thanks, Herb," he says, "I forgot to lock them up last night. They never before have gone into the street." He and I round them up to where he spread some feed by his sidewalk. Then we see a mangy beagle hound come loping up the middle of the road. We are worried about it going after a hen. I try to chase it back, but it has sighted the hens. Len keeps it away by speaking softly to it. He eventually gets a rope tied around its neck, but meanwhile calls for Michelle to round up the chickens. I ring the bell again. Michelle says she'll be right out. I tell Len I'll telephone the animal control officer, Mary Klink. The number is not in our phone book. I eventually find out from her what her number is. I call the State Police dispatcher for our area at 448-0073. She, the dispatcher, gets my phone number and where the dog is. Michelle calls to me to thank me for helping retrieve the chicks and to find out if I contacted the "dog catcher." As she is saying goodbye she sees a State Trooper arrive. Then Mary Klink calls me to find out where the Guye- Hillis house is. (The dispatcher had given Mary my number.) I call Michelle to say Mary just called me and said she will get to the location right away.

These phone calls occur in the ten minutes just after the thirty minutes I'm away from my house, "on the road" as it were, in my pajamas with my double breasted raincoat helping me be dressed in style. While I am in the car I call hello to Kelly Mitchell who is bicycling this early on Route 571, and to Ralph and Nancy Warnick as they are returning to their house on Homestead Lane on their bicycles. As I get out of my car in my driveway, I see Jon and Jeb Shahn walking uphill on North Valley Road. I call out it is good to see them walking up this hill together. Walking to my porch on the north side of my house, by the kitchen, I see our newest member of the Borough Council, Judith Trachtenberg, and school teacher Jacque Carpenter walking their dogs and talking with each other. I call hello. They don't say anything about my strange clothes, but they both say they have seen the stray beagle for two days in town.

My wife Florie is surprised to hear how much has happened early in the morning in this sleepy little country town: people out walking, or bicycling, or answering our First Aid Squad or Fire Department calls. I think our town is a wonderful town in which to live.

## PTA Events - October

10/3 Back To School Night

10/11 School Pictures

10/18 & 19 Book Fair

10/31 Trick Or Treat at RPS

## Position Available at the Borough Hall

The governing body of our borough is seeking to replace the current Purchasing Agent/Deputy Clerk. Resumés for this full-time position are being accepted through October 10th. Knowledge of the duties of a municipal clerk and the Local Public Contracts Law, as well as our local purchasing policy would be helpful. Computer skills and knowledge of Word Perfect - Office 2000 is desirable. If you are interested, you may call the Borough Hall at 448-0539 or send your resumé to P.O. Box 128, Roosevelt, NJ 08555-0128.

Your borough is an Equal Opportunity Employer.

## **LETTERS**

Letter to the Editor:

I would like to thank Susan Dermody for keeping our 4th of July tradition alive. Susan realized that there were no plans for a town-wide celebration and at the last minute organized a bicycle parade that included the fire truck and ambulance. The parade ended at the school where water balloons and candy were distributed to the children.

It has been a long standing tradition in Roosevelt to have a town-wide 4th of July celebration. Let's keep the spirit of the community alive and join Susan in her efforts next year to revive this tradition.

Helen Barth

Letter to the Editor:

I am responding to the article "This is a tale of rules and people" (July 2000).

On Election Day I was one of the board workers. I am concerned by Mrs. Socholitzky's interpretation of the facts. First, candidates, challengers, etc. have no power to give anyone permission to vote. Second, no one suggested or even assumed, as mentioned in the article, that anyone had already voted.

I asked Mrs. Socholitzky and her companion to wait while election officials in Freehold were called. Mrs. Warnick, Deputy Clerk, agreed with me that this was the best way to proceed. The official told me that once an absentee ballot is applied for, the books are marked as such and voting is not permitted at the polls. I offered to vouch for Mrs. Socholitzky but was told it is not permissible and only by her personally going to Freehold and appearing before an official there, could voting take place. The Board of Elections in Freehold documented my phone call and the entire incident for verification.

There is no oath, as suggested by Mrs. Socholitzky, which board workers can administer. I tried to explain to her that the Board of Elections, under Title 19, regulates these procedures and board workers have no power to change or modify them. There was no demonstration of rudeness as mentioned by Mrs. Socholitzky, at least not by any board workers.

Ellen Francis

**കൾകക** 

Dear Friends and Neighbors:

Ahead: another controversy, merely a divergence of opinion, or an opportunity for participative democracy?

The agenda of our Planning Board each month calls for a report from the Zoning Officer and, for the past year or so, the actions and concerns listed have come to be increasingly skewed toward enforcement of parking regulations.

I think that you could safely summarize those regulations as requiring vehicles in residential areas to be parked within the front yard on surfaced areas or driveways.

The current state of parking affairs, on the other hand, was referred to at last month's meeting as being somewhat "willy-nilly" throughout town.

The sentiments of some Board members, as I understood them, favored clarifying the requirements and penalties, and devising a means for uniform, town-wide enforcement so that the community's image might be preserved and enhanced.

Another Board member, reflecting opinions offered by friends and neighbors, suggested that parking as it exists now isn't such a bad thing and that perhaps the Board ought to look more toward relaxing the standards to reflect the world as we know it.

The Planning Board, at our October 4th meeting, will be considering the "Off-Street Parking and Loading" section of the Zoning Ordinance (section 6.200); as you can see, making your opinions known to Board members is one way to influence the outcome...so is attending our meetings. An alternative: feel free to contact me directly (426-4187).

Sincerely, Joe Zahora

**MANAM** 

## WEATHER ALMANAC

### Indian Summer

by Ron Filepp

Indian summer is a hazy warm period that usually comes after the first frost. It doesn't occur every year, but there are two or three Indian Summers in some years. Indian Summer results when a stagnant air mass creates a temperature inversion. Such a weather system can trap pollutants close to the ground.

A legend regarding Indian Summer was related in 1861 by Native American writer Peter Jones: "Nanahbozhoo always sleeps during the winter, but previous to his falling asleep he fills his great pipe and smokes for several days, and (it) is the smoke arising from the mouth and pipe of Nanahbozhoo which produces what is called 'Indian Summer'."

From his pipe the smoke ascending, Filled the sky with haze and vapour, Filled the air with dreamy softness, Gave a twinkle to the water, Touched the rubbed hills with smoothness, Brought the tender Indian Summer To the melancholy North Land, In the dreamy Moon of Snow-shoes.

From "Song of Hiawatha" by Henry Wadsworth Longfellow

#### Summer 2000

June gave no hint of the cool weather that was to come in July and August. The average temperature for June in Roosevelt was nearly three degrees above normal. There were eight days when the temperature peaked at 90 or higher. The hottest day of summer came on June 11 when the temperature hit 95.5 degrees. July was about half a degree cooler than average and there were only two days when the mercury reached 90 or greater. August's average was 0.10 degrees cooler than average and the daily high temperature rose to 90 degrees or greater on only three occasions.

Precipitation was above normal for summer 2000. June brought 0.75 inches more rain than normal. July's rainfall was 1.27 inches above normal. In August 1.37 inches of excess rain fell. The total rainfall for the summer was 3.30 inches above normal. That isn't an extraordinary deviation from normal. However the number of days on which at least a trace of precipitation was recorded was well

Day	High	Low	nber 15, å Avg	Precip
15	81.0	63.0	72.0	1.06
16	86.0	67.0	76.5	0.00
17	72.0	57.0	64.5	0.00
18	67.0	65.0	66.0	0.00
19	73.0	57.0	65.0	0.45
20	70.0	55.0	62.5	0.00
21	71.0	50.0	60.5	0.00
22	77.0	53.0	65.0	0.00
23	79.0	61.0	70.0	0.00
24	83.0	65.0	74.0	0.00
25	82.0	62.0	72.0	0.00
26	85.0	60.0	72.5	0.00
27	86.0	63.0	74.5	0.00
28	86.0	68.0	77.0	0.00
29	77.0	71.0	74.0	0.00
30	81.0	67.0	74.0	0.10
31	85.0	73.0	79.0	0.00
1	89.0	73.0	81.0	0.00
2	89.0	73.0	81.0	0.08
3	90.5	73.0	81.8	0.68
4	89.0	70.0	79.5	1.75
5	67.0	55.0	61.0	0.26
6	69.0	50.0	59.5	0.00
7	70.0	47.5	58.8	0.00
8	79.5	53.0	66.3	0.00
9	83.0	62.0	72.5	0.00
10	84.0	65.0	74.5	0.00
11	83.0	67.0	75.0	0.00
12	86.0	57.0	71.5	0.00
13	81.0	65.0	73.0	0.10
14	80.0	56.0	68.0	0.27
15	66.0	59.0	62.5	2.50

above normal. Thirty-nine of the 92 days of summer had some precipitation.

There were also many dreary damp days when no rain fell. Winds blew frequently from the east and northeast to bring the gray weather. Many of our summer's cool days

Continued on Page 18

## **BREAKING BREAD**

## Tasty, Even if it's Good For You?

by Gladys Nadler

Every month when I read the luscious recipes in the *Bulletin*, I feel temptation, then regret. "Not for me," I think. After I approached our esteemed editor and suggested something for people on special diets, guess what happened. This article is the result. So if you've had to give up salt, use little or no fat, and/or do away with sugar and cholesterol, this is for you.

After you eliminate frying, there are two basic ways to prepare food: in liquid (steaming or boiling) or in the oven (broiling, baking or roasting). Top of the stove recipes often start with sauteing garlic and onions and/or other vegetables. The healthy way to sauté is to coat very lightly a no-stick pan with olive or canola oil or use a spray. Dean Ornish, the cardiologist, instructs his patients to sauté in a small amount of vegetable broth. (It works and it also adds flavor). Of course, you can also serve food raw, as in salad. Try lemon juice, grated fresh garlic, and a dash of olive oil for the dressing.

The next question is how do you prepare flavorful food without salt, fat, etc.? First, I tried increasing the amount of herbs and spices I put into food. That works, up to a point. After that point, you're eating herbs and spices seasoned with a little food. It seems that it's more effective to start with less and add more according to taste

until you arrive at the ideal amounts and combinations of seasonings to satisfy your taste. Some of my favorites are fresh basil, oregano, cumin, curry powder, thyme, chives, freshly ground black pepper, and fresh ginger - but not all in the same dish. Chives are good as a salt substitute in eggs or their equivalents, or in fish. Sometimes I poach salmon with pickling spices in the water. Grated ginger is good especially in Oriental dishes, rosemary and thyme in poultry, cumin in lamb (if you still eat it) or beans, and of course basil and oregano in Italian sauces. But before herbs and spices come the basic seasonings that set the stage and determine what you may want to add. Almost everything I cook starts with onions and garlic, usually chopped and sauteed as described above, before adding other ingredients. According to the dish and your preference, you may also want to use celery, carrots, and/or green, red, orange or yellow pepper. Lemon juice and lemon zest can be great flavor enhancers in almost anything. Tomatoes or bouillon develop flavor and provide sauce.

Wine enhances flavor beautifully, and cooking gets rid of the sugar in wine. If you want a little extra spiciness, sauté some curry powder or hot red pepper with the vegetables before adding liquid.

Here's an improvised recipe (that I'm still improvising) for a meatless one-dish meal:



age 18

#### **BREAKING BREAD**

Continued from Page 17
Ingredients:

Chopped garlic and onions
Eggplant, peeled and cubed
Zucchini, sliced
Green beans
Sliced mushrooms
1 large can crushed tomatoes
some dry white wine (optional)
black pepper, freshly ground
thyme
oregano
basil

Sauté onions and garlic until soft. Add wine, continue stirring Add eggplant, zucchini and green beans. Add mushrooms while stirring above ingredients on medium high flame for about a minute or so.

Add tomatoes and seasonings
Stir again, bring to a boil, lower flame and simmer covered until done
Serve on pasta, brown rice, couscous or bulghour.
Add grated Parmesan at the table if you like.

If you're concerned that you're not getting enough protein in this dish, add tofu or beans. Seafood? Maybe - with some adjustments in the seasonings. Let's see, how about...?

See what I mean? Improvise.

If you have diet restrictions, I hope this helps. You probably have developed your own creative ways to make food that's good for you also taste good. How about sharing some of your own cooking tips and recipes with the rest of us?

#### WEATHER ALMANAC

Continued from Page 16

can be attributed to the clockwise winds that swept around a high-pressure system anchored over Texas. Texas and the Plains suffered sustained blistering heat while our region remained cool and damp.

Although last summer was cool and damp it cannot compare with 1816, the Year Without A Summer. In 1815, a volcano in Indonesia ejected billions of cubic yards of fine dust into the stratosphere. Other volcanoes had erupted around the same time and sunspots on the surface of the sun were large enough to be seen with the naked eye. There was considerable cooling worldwide as a result.

The eastern US was particularly hard hit during the summer of 1816. Frost and snows were common in June, July and August. On July 4, the high temperature in Savannah, Georgia reached only 46 degrees. Few crops matured north of the Potomac River. Heavy snow fell in New England between June 6 and 11. It is difficult to think of any benefit from such a summer. Nevertheless, our chilly damp summer of 2000 may bring a reward.

Eileen Boyle, director of horticulture at the New York Botanical Garden, indicated in a New York Times article that we could have vibrant fall foliage this year. She noted that the leaves' bright colors result in part from the amount of sugar present in the leaves of trees and indicated that sugar production increases when trees get plenty of rain, as they did this year.

#### Weather Event

There was a cold drizzle and flakes of snow on October 9, opening day of the 1906 World Series between the Chicago Cubs and Chicago White Sox. Temperatures peaked at 46 degrees in the morning and fell through the rest of the day. Game 2 had the coldest weather of the series. Temperatures never got out of the 30's. The Associated Press reported that "the mercury hover(ed) at or below the freezing point all afternoon (and) a few flakes of snow fell." The weather for game three warmed slightly into the low 40's and temperatures rose into the 60's and 70's for the final three games. The White Sox took the series four games to two.

#### Weather Word

A woolpack is a cumulus cloud with a fleecy appearance and a flat base.

# **NEIGHBORHOOD NOTES**

Items for this column can be submitted to Mary Tulloss by phone 448-5096,

mail: P.O. Box 57, or email: mtulloss@njcc.com.

by Mary Tulloss

#### WELCOME TO:

Angelica Elizabeth Majorczyk was born July 5, 2000. Congratulations to her parents, Liz and Tomasz and brother and sisters Christopher, Jennifer and Christina Iacono.

Gabrielle Elyse Husko was born August 1, 2000. Congratulations to her parents, Nanci and Tom,and sister Alyssa.

Christina Henderson and Bill Catalina who moved into the Goldstein house at 30 Tamara Drive. Christina is not new to our town, as she grew up on Farm La., daughter of Ray and Mary Ann Henderson, sister to Franklin Mitchell and his family, granddaughter of the late Maline and Robert Monk.

#### FROM HIGHTSTOWN HIGH SCHOOL:

Junior Molly Petrilla is one of two clarinet players who auditioned successfully and joined the Greater Princeton Youth Orchestra, a group that performs throughout the tri-state area and is scheduled to play in Italy this spring. Molly is also in her third year on the varsity tennis team and is playing first singles this season.

Sarah Skillman and Christina Septak are on the varsity field hockey team and Alicia Moore is the team manager for Varsity and Junior Varsity field hockey. Leah Howse and Jessica Wolfe are on the Junior Varsity field hockey teams and Tina Vasseur is on the Freshman field hockey team.

Junior Brandon Lugannani has been selected to participate in the Arizona Junior Fall Classic baseball tournament in Peoria, Arizona on October 12-15. The tournament is sponsored by the Baseball Factory, a college planning and placement service for outstanding high school players. Brandon has been an all-star shortstop in the Millstone Little League, Hightstown East Windsor Babe Ruth League, Hightstown High School varsity team and East Windsor PAL Babe Ruth team.

Fourth marking period high honors: Ryan Cybert, Leah Howse and Sarah Skillman. Fourth marking period honors: seniors Elizabeth Carroll, Kate Freedman, Joanna Giordano, Ronit Yeger, juniors Naomi Cayne, Jacob Estenes, Christina Ortiz, sophomore Shaun Conover, and freshman Ilan Grunwald, Wesley John-Alder, Nathaniel Kostar, Jeff Possiel and Christopher Wong.

#### CONGRATULATIONS TO:

Michael and Marilyn Ticktin on the marriage of their daughter, Dara, to Ture Petersenn, son of Arnold and Elke Petersenn of Schleswig, Germany, on September 28th. The ceremony was performed by Mayor Michael Hamilton. Dara, a 1998 graduate of Wheaton College in Norton, MA, is employed by the New Jersey Housing and Mortage Finance agency. Ture holds a master's degree in English and history from the University of Kiel. The couple resides in Plainsboro.

Ralph and Nancy Warnick on the marriage of their son, Dustin, to Jennifer Rightmyer, daughter of Lynn and Richard Rightmyer of Richmond, VA, on August 12. Dustin and Jennifer will continue to reside in Richmond for a short time.

#### **LETTERS**

Continued from Page 15 Letter to the Editor:

Finally, the *Bulletin* is back and I can now take this opportunity to bring into the spotlight two very selfless and heroic persons who, without concern for their own safety risked their lives for me. Jack Bowker and Erik Plum entered my burning house thinking I was home before the firemen even arrived. If there was a distinguished medal of honor for Rooseveltians, they would be on top of the list. Thank you sounds so simple but, in this case, carries all the caring, gratefulness and love of a neighbor. Again, from the bottom of my heart, Thank you.

I also would like to thank all of the fire fighters and first aiders that responded to the call. As a first responder for over 10 years myself, I know the emotion and danger each call carries. So with all respect and gratitude, I thank you all.

For Roosevelt, my friends and neighbors, your offers of help and support and good wishes have meant a great deal to me and my family. Thank you.

Faith Penalver & sons

# ROOSEVELT ARTS PROJECT 2000-2001 SEASON

The Roosevelt Arts Project is pleased to announce our 2000-2001 calendar of events, featuring a wonderfully varied array of readings and performances, concerts and exhibit of the works of Roosevelt artists.

All events, with the exception of the art exhibit, take place at the Borough Hall and will begin at 8:00 p.m. At most events we ask only for a suggested contribution of \$6.00, just \$4.00 for students and seniors. This year, we will ask \$10/\$5.00 for admission to the Roosevelt String Band concert. Mark your calendars and watch for our brochure and the Bulletin for additional details.

Camden County Cultural and Heritage Commission is sponsoring joint exhibitions of Roosevelt artists at two locations and a lecture by Dr. Arthur Shapiro.:

#### September 23 through November 17

Hopkins House Gallery, Haddon Township, NJ, Tel: 856-858-0040

Saturday, October 21, 2-3 p.m.

Historic Lecture: Roosevelt, the Experiment, the Town, the Artists, Dr. Arthur Shapiro, Roosevelt Town Historian

September 23 through October 31

Appel Gallery at the Katz Jewish Community Center, Cherry Hill, NJ Tel: 956-424-4444, Ext. 105 Please call galleries for directions and hours.

Saturday October 28

An Evening of Jazz with Laurie Altman and Scott Lee. Note: Special starting time - 9 p.m.

Saturday November 4

"Micrologues" something for everyone in this eclectic evening of Judith McNally's dialogues performed with David Herrstrom and interludes from David Brahinsky's sitar and Brad Garton's computer generated sounds.

Saturday December 2

The Landau Dante Suite with Commentary and an Interview by David Herrstrom. An exhibit of the seven prints in Jacob Landau's suite of illustrations to Dante's Inferno, including selected preliminary sketches. Dr. Herrstrom will interview the artist and comment on the drawings - an invitation to look.

Saturday January 6

Cheri Rose Katz, Roosevelt native mezzo-soprano, has embarked on what we expect to be a distinguished operatic career, most recently appearing in Mascagni's rarely performed opera Zanetto, with the New Jersey Association for Verismo Opera. She has also sung at Central City Opera, Sarasota Opera and Opera in the Hamptons. She will return to Roosevelt to present a varied and entertaining program of operatic arias, musical comedy numbers and songs.

Saturday February 3

The Ellarslie Trio After the string quartet, music for the trio of piano, violin and cello is the heart of the chamber music repertoire, with nearly every important composer since Haydn writing music for that combination. The Ellarslie Trio, with Roosevelt resident and RAP regular, Alan Mallach, piano, Erika Phillips, cello and Cindy Ogulnick, viola, will present a concert of classical and romantic music for a piano trio culminating in one of the unchallenged masterpieces of the trio repertoire, Johannes Brahms' magisterial Trio No. 1 in B Major.

Continued on Page 22

## FOREIGN FILM SERIES ROOSEVELT PUBLIC SCHOOL

Central Station (Portugese with English Subtitles) was the first film in this series.

The series will continue on the second Wednesday of each month at 7:30 P.M. The following films are proposed for the remainder of this year. Admission is F-R-E-E, refreshments are included.

October 11

Antonia's Line

Dutch

A movie about women, earthy

November 8

Dark Eyes

Italian

A charming excursion to Russia by Marcello Mastroianni set in turn of the century Europe

December 11 Flamenco

Spanish

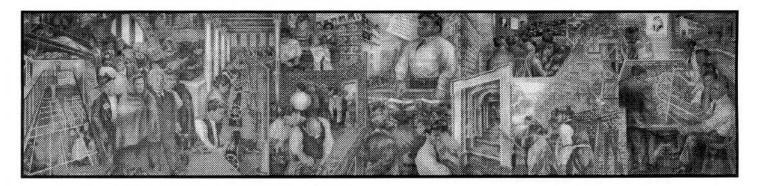
With dancer Carlos Saura

Come early and help with film suggestions and any ideas that will make this program a smashing success. Or-call Dolores Chasan at 448-2062.

Check the local bulletin board for updates.

Many thanks to Clare Sacharoff and Robin Gould for their help in supporting this program.

#### MURAL POSTCARDS AVAILABLE THROUGH ROOSEVELT ARTS PROJECT



The Roosevelt Arts Project proudly offers for sale our beautiful three-panel reproduction of the Ben Shahn mural from our school. The postcards are available for \$2.00 each and a small number of flat, unfolded copies, suitable for framing, are available for \$10.00 each. All proceeds go to the Roosevelt Arts Project to cover the cost of these cards, enable us to produce future postcards in our Roosevelt arts series and to support RAP exhibits and events. Cards are available at the Borough Hall or by calling Robin Middleman at 426-4583, Deborah Metzger at 443-3759 or Judith Trachtenberg at 426-8867. The Roosevelt Arts Project is a tax exempt cultural organization funded exclusively by admissions and donations. RAP appreciates your support.

Saturday March 4

An Evening of Poetry - Join the Roosevelt poets for an evening of "mud time" revelations, with musical accompaniment

Friday & Saturday April 27

Roosevelt string Band - in concert. Back for its fourteenth annual concert, the Roosevelt string Band, featuring Paul Prestopino, David Brahinsky, Ed Cedar, Judy Trachtenberg and Howie Jacobson, will perform a wide variety of folk music to make you laugh, cry, think, reminisce, learn new songs and sing along with your favorites.

Saturday May 19

Computer Chamber Music - Join Roosevelt resident Brad Garton and his colleagues from the Columbia University Computer Music Center for an evening of relaxed "chamber music" created with new digital signal processing techniques and experimental music -performance interface technologies. Of particular interest will be a set of pieces using the ambient acoustic environment of Roosevelt Borough as a foundation for musical expression.

We hope to see all of you at these exciting new performances, exhibits and events. The work of the Roosevelt Arts Project is made possible entirely by your support. Donations given to the Roosevelt Arts Project, other than for admission to an event, are tax-deductible. We appreciate your continuing support of our efforts to bring the highest quality art and performances to Roosevelt.

# SUPPORTERS AND CONTRIBUTORS 2000 - 2001

The Roosevelt Borough Bulletin is made possible by grants from Michelle and Leonard Hillis and McCaffrey's Market and annual contributions from readers like you.

Help to make this year's *Bulletin* the best ever. Please put your name on this list by making a contribution to your Borough Bulletin.

#### THE ROOSEVELT BOROUGH BULLETIN

is distributed free-of-charge to Roosevelt residents. We look forward to and appreciate contributions which are needed to keep our publication going. Contributions are tax deductable

#### PLEASE NOTE:

Due to postal regulations we can only ask for "donations" rather than "subscriptions" from out-of-towners who wish to receive the *BULLETIN*. We will be pleased to continue sending them the *BULLETIN* when we receive their contributions which, of course, can be for the same amount (or more) as in the past.

THE BULLETIN is pleased to accept articles having to do in any way with the Borough of Roosevelt, including literary works by local residents and others with ties to the community. However, due to the fact that this is a non-profit publication that is dependent upon public contributions, articles designed to promote the sale of products or services for profit cannot be accepted.

#### **BUSINESS SPONSORS**

The Bulletin publishes free-of-charge public information listings from Roosevelt residents and business, and from those in the immediate vicinity with ties to Roosevelt. Write: Roosevelt Borough Bulletin, Box 221, Roosevelt, NJ 08555. Contributions are appreciated and are tax-deductible (suggested: \$40.00/year, \$50.00 if over 5 lines.) Deadline is the 15th of each month.

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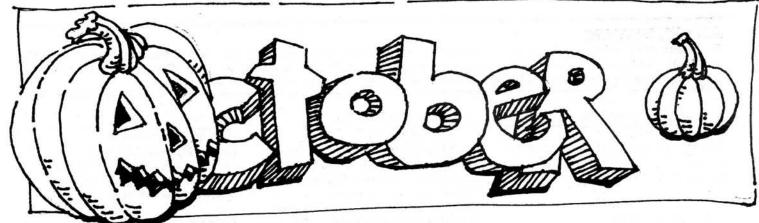
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or en	nail: kirk@vi	events and a rtulink.com	ctivities to Jane Rothfuss, 448-3713	19	Thursday	7:30 p.m.	RPS, Presid	ducation Meeting,
UCT 2	ober Monday	7:30 p.m.	Council Agenda Meeting, Borough Hall, Mayor Michael Hamilton, 443-5227.	23	Monday	7:30 p.m.	Council Co Borough H	ommittee Meeting,
3	Tues.	1:00 p.m.	Seniors Meeting and Blood Pressure Check, Borough Hall.	24	Tuesday		RPS Four-Hour Session - Parent Conferences.	
4	Wed.	8:00 p.m.	Planning Board Meeting, Borough Hall, Chair Gail Hunton, 426-4338.	25	Wednesda	у	RECYCLE RPS Four-Hour Session - Parent Conferences.	
5	Thurs.	7:30 p.m.	Board of Education Meeting, RPS, President Sharlene Ellentuck, 448-4440.			7:00 p.m.	Story Telling, RPS Library, Helen Barth, 448-1870.	
9	Monday		Yom Kippur RPS Closed	27	Friday		RPS Four-Hour Session - Professional Development.	
		7:30 p.m.	Council Action Meeting, Borough Hall,	28	Saturday	2-3 p.m.	RABIES CLINIC, REAR BOROUGH GARAGE	
			Mayor Michael Hamilton, 443-5227.	31	Tuesday		PTA Trick or Treat at RPS HALLOWEEN!!!	
11	Wednesda	y	RECYCLE	Nov	ember			
		7:30 P.M.	RPS School Pictures. Dutch film, <i>Antonia's Line</i> , RPS Library, Refreshments served, Dolores Chasan, 448-2062.	1	Wednesda	8:00 p.m.	PTA Cookie Sale Planning Board Meeting, Borough Hall, Chair Gail Huntor 426-4338.	
15	Sunday		TOWN-WIDE LITTER PICK-UP.	6	Monday	7:30 p.m.	Council A	genda Meeting, Mayor Iamilton, 443-5227.
16	Monday	2:30-3:30	LARGE GARBAGE PICK UP. FLU and PNEUMONIA SHOTS, Medicare Part B covers payment \$5.00 for all other persons, Borough Hall.			03	WICHACIT	annicon, 113 3221.
		7:30 p.m.	Council Committee Meetings, Borough Hall, Mayor Michael Hamilton, 443-5227.					NON-PROFIT ORG. U.S. Postage
		7:30 p.m.	Synagogue Board Meeting, Neil Marko, 443-6818.					PAID
17	Tuesday	7:30 p.m.	RPS PTA Meeting, President JoAnne Parker, 448-5619.		ECRWSS			Roosevelt, NJ Permit No, 6
18	Wednesda	8:00 p.m.	RPS PTA Book Fair Environmental Commission Meeting, Borough Hall, Chair RodTulloss, 448-5096.		Postal Cust	NJ 08555-02	21	