

# Bulletin

Volume 36 Number 3

November 2012

## BOROUGH COUNCIL NEWS

By Michael Ticktin

### Borough Seeking State Funding for Water System Improvements; “Pay-to-Play” and Deputy Clerk Ordinances Adopted

At the October 9 meeting of the Borough Council, Councilman Jeff Ellentuck, chairman of the Utilities committee, reported that the Borough would be applying to the New Jersey Infrastructure Trust Fund and the Small Water program, the same financing sources previously used for the water tower reconstruction, for funds to pay the cost of further upgrading of the water system. Under this program, the Borough may be able to borrow a total of \$900,000. Of this amount, half of the principal may be forgiven and, in effect, made into a grant, while interest would only be required to be paid on one quarter of the total, and that would be at a low rate. In other words, the Borough may be able to borrow \$900,000, repay only \$450,000, and only pay interest, at a low rate, on \$225,000.

The \$900,000 would be used for two related projects, the relining of all 8” water pipes and making improvements to the water plant. The primary upgrade would involve changing the power supply from 208 volts to 240/480, with changes to lines, pumps, panels and generator. Another generator would be added to provide power to additional pumps during power outages. Upgrading the power is necessary because pumps and generators are no longer produced in 208 volts, thus making it difficult and expensive to

repair and upgrade pumps, especially in emergency situations. Thus, these improvements would be expected to save substantial time and money in the long run.

Mr. Ellentuck cautioned that the uses of loan proceeds are subject to change and there is no guarantee that the Borough will obtain the loan terms it has requested.

Also at the October 9 meeting, the Council reintroduced an ordinance amending the zoning ordinance to clarify requirements applicable to houses of worship. This reintroduction was necessary because of technical problems with the ordinance as it had been previously proposed that had been identified by the Planning Board. All proposed land use ordinances are required to be submitted to the Planning Board for review, and any comments made by the Planning Board are required to be considered by the Council before final action can be taken to adopt the ordinance.

Two weeks earlier, at the September 24 meeting, the Council adopted two ordinances, one establishing the position of Deputy Clerk and another prohibiting any person or business who contributes more than \$300 to the campaign of any candidate for municipal office, or \$1,000 to any county committee of a political party, from entering

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## ANNOUNCEMENTS

Welcome to the 36th edition of the *Roosevelt Borough Bulletin*.

There will be ten issues starting with September 2012 through July, 2013, leaving out January 2013.

We will do our best to make the *Bulletin* both informative and interesting with the help of our devoted writers and production people.

If you want to **CONTACT THE BULLETIN**, please look at our masthead to the right with our address as shown.



Please report any bear sightings to:  
State Bureau of Wildlife Management  
Kim Tinnes, Wildlife Control  
609-259-7955

The **MEALS ON WHEELS** program delivers prepared meals to Roosevelt seniors who need this assistance. Though meals are provided free of charge to recipients, the cost to the program is \$2.50 per meal. Donations to help cover these costs may be sent to Interfaith Neighbors, 810 Fourth Avenue, Asbury Park, NJ 07712.

**SENIOR CITIZENS:** There is a S.C.A.T. bus provided by Monmouth County Division of Transportation that comes to Roosevelt on Wednesday mornings at 9:00 a.m. and will take you shopping to ShopRite in East Windsor. The bus will pick you up at your home, you spend 1 ½ hours shopping, and the bus will take you home and leave your groceries at your door. There is no charge to you for this service.

If you wish to go, you must call the SCAT bus Tuesday no later than 3:00 p.m. at 732-431-6485 and press 1. Give them your name, address, and the town you are from, and your interest in going on Wednesday, the next day.

### Roosevelt Open Studio

Roosevelt School Art Room

Tuesdays 7 p.m. - 10 p.m.

Open for Roosevelt Residents over 15

Contact: Ellen Silverman, Home phone 609 490 0557

Cell phone: 609 865 7396

An archive of all past issues of the *Bulletin* can be found online at [www.mazicmusic.com/rbb.htm](http://www.mazicmusic.com/rbb.htm), courtesy of Mark Zuckerman. Current and recent issues can also be found online at [www.boroughbulletin.org](http://www.boroughbulletin.org), the official website of the *Borough Bulletin* that is maintained by *Bulletin* Trustee Bob Francis. To have the *Bulletin* sent to you by email, please go to [www.boroughbulletin.org](http://www.boroughbulletin.org) and press the "Push Here to Sign Up for *Bulletin*" button.

The *Roosevelt Borough Bulletin* is published monthly except August and January by  
Roosevelt Borough Bulletin, Inc.  
P.O. Box 221, Roosevelt, NJ 08555

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Breaking Bread and Calendar Art  
by Shan Ellentuck

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# From the Mayor

By Elsbeth Battel

Dear Neighbors,

With winter close upon us, it's a good time to prepare for the possible difficulties that the weather may create. My suggestion is to be sure your homes are well stocked with flashlights, batteries, snow removal equipment, candles and better yet, a small generator for possible power outages. A gentleman from JCP&L came to a Council meeting recently and explained some procedures for dealing with power failure. He said your best recourse is to call JCP&L individually to report outages. That way JCP&L has an accurate idea of the number of homes and the area suffering power failure. The number to call is on your monthly statement, but here it is

as well: 888-544-4877 (LIGHTSS). For those of you wise enough to have a generator, here are some important safety reminders: Only use it outside, well away from windows, doors and vents; carbon monoxide can kill! Read and be familiar with the proper use of generators before you start it and be careful with the handling and storage of the gasoline for it. Hopefully we will not have much need for such things this winter!

Now that it's getting dark so early, please drive especially carefully. Please don't speed in town!

Thank you.

Beth ■

## BOROUGH COUNCIL NEWS (CONT'D.)

*Continued from Page 1*

into any contract with the Borough. As Mayor Beth Battel pointed out, Roosevelt elections do not typically involve any campaign contributions at all, but it is necessary to adopt the ordinance because having such an ordinance in place is one of the "best practices" recommended for municipalities by the Department of Community Affairs, and State aid may be contingent upon compliance with these "best practices."

At that meeting, the Council also adopted a resolution, proposed by Councilman Michael Hamilton, thanking

Dr. Christopher Breiseth, former President/CEO of the Franklin and Eleanor Roosevelt Institute, for serving as the guest speaker at our 75th anniversary celebration. In the resolution, Mr. Hamilton noted that Dr. Breiseth not only honored the community by his presence and his knowledge of the New Deal and this community's place in it, but drove eight hours to get here and refused not only any honorarium, but also any reimbursement for travel expenses. ■

### THE ROOSEVELT BOROUGH BULLETIN

is distributed free-of-charge to Roosevelt residents. We look forward to and appreciate contributions which are very much needed to keep our publication going.

Contributions are tax deductible

PLEASE NOTE: Due to postal regulations we can only ask for "donations" rather than "subscriptions" from out-of-towners who wish to receive the *BULLETIN*.

We will be pleased to continue sending them the *BULLETIN* when we receive their contributions which, of course, can be for the same amount (or more) as in the past.

In order to save on postage, we would encourage non-residents who have computers to subscribe to the *Bulletin* online at [www.boroughbulletin.org](http://www.boroughbulletin.org) in lieu of receiving a paper copy. Donations from readers, wherever they may be, and regardless of the medium in which they read the *Bulletin*, are still very much welcome, since we could not publish without your support.

PLEASE SEND IN A CONTRIBUTION TODAY. ***WE NEED YOUR SUPPORT.***

Please send contributions to:

Roosevelt Borough Bulletin, Inc., P.O. Box 221, Roosevelt, NJ 08555

# From the Office of Interim CSA/Principal

I am very pleased to serve as the Roosevelt Public School District's Interim Chief School Administrator/Principal and Director of Special Services. During my administrative career, I have served as the Chief School Administrator, Principal of the Irene E. Feldkirchner Elementary School, Principal of the Green Brook Middle School and Director of Special Services.

The National Blue Ribbon School of Excellence from the United States Department of Education was achieved as I served as the Principal for the Irene E. Feldkirchner Elementary School, Green Brook Township Middle School was acknowledged as the top middle school of 100 middle schools for academic achievement during my tenure in the district. In addition, Green Brook Township School District was acknowledged by the New Jersey State Department of Education for achieving the highest scores for special education students for districts in the 0-5% wealth district factor group.

Prior to joining the Roosevelt Public School community, I served as the Interim Superintendent for Wall Township School District.

## Roosevelt Public School October/November Highlights

- Roosevelt Public School District has been designated as a Choice School for the 2013-2014 school year. Information regarding the application process for students residing outside of the district is located on the school web site at [www.rps1.org](http://www.rps1.org). Community members may also con-

tact the Superintendent/Principal at 609-448-2798.

- A new gymnasium floor is expected to be completed within three weeks. The dragon logo, which was originally created by Mr. Martin, will be reproduced and placed in the middle of the gymnasium floor.

- The school playground has been upgraded to meet safety requirements for all students.

- The Board of Education adopted the annual District Goals and Objectives for the 2012-2013 school year. The following goals and objectives will be implemented as follows:

- District Goal #1 To begin Phase I – Inquiry and Investigation of implementing an articulated sequence of the Language Arts Literacy K-6 Program.

- District Goal #2: To begin Phase I – Inquiry and Investigation of implementing an articulated sequence of the Mathematics K-6 Program.

- District Goal #3: Targeting students in grades K-2, it is projected that by June 2013, 80% of the students will demonstrate math proficiency in operations and algebraic thinking, measurement and data, number and operations, mathematical practice, and geometry by scoring 80% or higher on a teacher-developed course-level criterion-referenced mathematics assessment.

- District Goal #4: Targeting students in grade 2, it is projected that by June 2013, 80% of the students will demonstrate reading comprehension proficiency in analyzing text by scoring 85% or higher on a teacher-developed

course-level criterion-referenced reading assessment.

- District Goal #5: Targeting students in grades 3, 4, 5 and 6 it is projected that by June 2013, 85% of the students will demonstrate proficiency in narrative writing informative/explanatory writing, point of view, and argumentative task, by scoring a 3 or better on a locally-developed 5-point rubric based on the New Jersey Registered Holistic Scoring Rubric.

- District Goal #6: Targeting students in grades 3-6, it is projected that by June 2013, 80% of the students will demonstrate reading comprehension proficiency in analyzing and working with text by scoring 85% or higher on a teacher-developed course-level criterion-referenced reading assessment.

- Children had the opportunity to visit with the Millstone Fire Department personnel and enjoyed learning about fire safety as part of Fire Prevention Week.

- The school district is utilizing the Rubicon Atlas Curriculum Mapping Program. We are looking forward to providing parents/guardians with the ability of viewing newly adopted grade level curriculum in all content areas.

- Field Trip for September: Grade 3 Poricy Park

- Field Trips for October: Grades PreK, K, 1, 2 & 6 West Haven Farms

Sincerely,

Stephanie Bilenker  
Interim CSA/Principal  
Roosevelt Public School ■

**ROOSEVELT  
BI-ANNUAL ALL TOWN LITTER PICK-UP DAY  
SUNDAY, NOVEMBER 11th  
MEET AT THE POST OFFICE AT 10 AM - FINISHED BY NOON  
REFRESHMENTS WILL BE PROVIDED**



MISSION

*To educate and inspire all students to excel academically\*, to become independent and creative thinkers, skillful communicators and lifelong learners. Roosevelt Public School nurtures and challenges the unique potential of each student so that our children will develop individual, social and civic responsibility as well as respect for themselves, each other, and the environment.*

*\*to achieve or exceed N.J. CCCS at all grade levels*

Roosevelt Public School faces a new educational challenge this year as we implement the new Common Core Standards in Language Arts Literacy and Mathematics. What follows is a brief overview of the new standards.

**What are the Common Core Standards?**

The Common Core Standards, now adopted by over forty states (including New Jersey), provide a clear and consistent framework of what knowledge and skills students must possess to succeed in college and workforce training programs. No matter what school children attend or in which state they reside, these new standards will ensure all students receive a rigorous, high-quality education.

**Why were the Common Core Standards adopted and implemented here in New Jersey?**

The implementation of the Common Core Standards comes as an acknowledgement that our children's current K-12 education would not properly prepare them for work or college in the 21st century unless major changes were made.

**How are the Common Core Standards different from previous standards?**

**--English Language Arts**

While English Language Arts standards continue to focus on traditional reading and writing skills, like

phonics, comprehension strategies, and narrative writing, there are some major differences.

- More time reading informational texts
- More time spent reading complex, challenging text
- More rigorous analysis of text
- Writing arguments based on sound reasoning and solid evidence, extending down to the earliest grades as opinion writing
- More research
- More in-depth discussion of text

**--Mathematics**

Common Core Math Standards place greater emphasis on the mathematical integrity of the actual standards themselves, ensuring that the progression from topic to topic is logical and the concepts presented are mathematically sound. The main instructional differences are:

- More emphasis on understanding and analyzing concepts
- Better guidance on teaching more difficult concepts like fractions, negative numbers, and geometry
- More robust preparation for high school mathematics courses
- Applying math to real-world issues and challenges

**What kind of testing will the students have to take under the Common Core Standards here in New Jersey?**

The implementation in New Jersey of new curricula aligned to the Common Core Standards necessitates the development of a new assessment. Beginning in 2013-2014, New Jersey students in grades 3-12 will take the PARCC assessment (Partnership for Assessment of Readiness for Careers and College). While we do not yet know the exact structure of the assessment, we do know it will be much more difficult than the current NJ ASK.

**How will the Common Core Standards and new curricula**

**effect learning for the children of Roosevelt?**

The new standards and assessments will require all of us to work harder than ever before. Teachers will be required to implement increasingly challenging and rigorous units of instruction. Students will be reading more complex materials and developing a deeper understanding of math.

How can parents help support their children to meet these new challenges?

Parents can help students rise to this challenge by continuing to be as supportive as they have been in the past. Specifically, since these new standards require more challenging work in reading and writing, parents can dedicate time every day (especially in the summer) to reading, whether it be together as a family or encouraging independent reading time for everyone. Additionally, parents can dedicate special times each afternoon or evening for homework and projects. Helping children develop good work habits and a love of reading will surely give them the boost they need for the future.

If you are interested in learning more, please visit the official Common Core Standards website at [www.corestandards.org](http://www.corestandards.org). For additional information about the new state assessment, visit PARCC's website at [www.parcconline.org](http://www.parcconline.org).

Feel free to contact the Board at [RPSBOE@gmail.com](mailto:RPSBOE@gmail.com). ■

Each month the Roosevelt Board of Education is going to submit an article to keep the public apprised of Board goals, decisions, and activities

## Thanks to All Who Helped Make the 75th Anniversary a Success

by Mike Hamilton

On behalf of the people of Roosevelt, the Mayor and Council wish to thank you for helping us to make our 75th Anniversary celebration the great success that it was. It was a great pleasure for all of us to have more than 300 people—including current residents, former residents and others interested in our town—join us for two days of meeting new people, renewing friendships and learning about all that makes Roosevelt the special place that it is. More than 4-months of planning went into the Roosevelt 75th Anniversary celebration. Without everyone's help and support, it could not have been done.

The event was sponsored by the Borough with the assistance of the Roosevelt Arts Project (RAP). Peggy Malkin and I co-chaired the event. RAP members David Herrstrom, Ben Johnson, Alan Mallach and our Town Historian, Michael Ticktin also served on the planning committee. There were many meetings and an incredible amount of logistics was involved in this event. As always, it was amazing to see how many Roosevelt citizens pitched in to help.

The school was buzzing with activity the Friday before the events began. Nancy and Katy Hamilton (my wife and daughter) picked up and delivered much of the supplies and all the party platters for the celebration. Nancy also helped out in many capacities throughout the entire weekend. A great deal of work by many people helped make this event a success, and many people worked in multiple capacities throughout the weekend. Eric Vuole came to the school to ensure that the school grounds were well groomed. Ben Johnson, Bob Francis, Bruce Reimbold and Tom Curry set up the sound and video

equipment at the monument, in the school gym and lobby, and at borough hall, while teacher Ilene Levine set up a photo and video display in the hallway near her classroom. The school staff and school board worked hard and the building looked great. Many Council members also pitched in to make the weekend a success. Mayor Beth Battel helped with the shopping, pick-up and drop-off of much of the supplies needed for the events and helped unload and stock all of the soda donated by Irene Block. Ralph and Nancy Warnick helped with a great deal of the set-up at the school Friday night and the lobby not only looked great, but it served a large number of people well for several days. Jeff Ellentuck met with our emergency services and helped coordinate safety teams and parking for the 2-day event. Maureen Clark, Mary Tulloss, Ana Johnson and a host of others did an amazing amount of work the Friday night before the event began, working long hours.

Good fortune smiled on us Saturday with sunny weather and summer temperatures. The brief showers held off until just after the American Songbook concert began at the borough hall that night. The events kicked-off at the monument with State Senator Samuel Thompson and Assemblymen Robert Clifton and Ronald Dancer joining us as guests of honor. We were very pleased to have another guest of honor join us. Ulker Copur, Professor of Architecture at Roger Williams University, presented the school with a copy of a watercolor sketch of the school building by Louis Kahn. Mayor Battel, Councilwoman and event co-chair Peggy Malkin and I, also provided some opening comments as did Michael Ticktin. Christopher Breiseth, past president and CEO of the Franklin and Eleanor Roosevelt Institute, was also there to help us kick off the celebration.

Throughout the weekend many RAP functions helped make the weekend educational and enjoyable. Thanks to

Rosa Giletti, Sheila Linz, and David Herrstrom the gallery at Assifa Space was beautiful, and David's talk on the work of Jacob Landau was inspirational. Ron Kostar and his band gave a very enjoyable performance at borough hall along with David and Rachel Brahinsky performing songs from the American Songbook. The event was well attended and there was even dancing in the aisles (by one very young dancer). The talk by Christopher Breiseth, and the RAP panel discussion which included Mr. Breiseth, Alan Mallach, Ben Johnson, and Michael Ticktin, were informative and often inspirational. Alan Mallach's mural talk was amazing as more than 70 people filled the school lobby. The members of the Roosevelt Tai Chi class gave a demonstration in the school gym on Saturday which was both graceful and powerful and included Bill and June Counterman, Bob and Maureen Clark, Kay Drury, Francis Duckett, Anna Johnson, Susan Jones, Jill Lipoti and Mary Tulloss. Thanks also go out to Carol Watchler and the other volunteers who helped staff the information table as well as the help provided by Ken LeCompte, Brad Garton, and Angel Cloughly. Thanks everyone who helped manage the many events: Bob and Barbara Atwood, Robin Middleman, Deirdre Sheean, Naomi and David Brahinsky, Jim Hayden, Chris Martin and Brad Garton. Thanks also go out to Viki Estok, June Ord, Elliot Fine, Eric Schubiger, and Kelly Tyers for helping out in so many ways.

We should also thank NPR and WNYC reporter Janet Babin who interviewed Peggy Malkin, Jonathan Shahn, Ani Roskam and Bill Leech, Helen Barth, Michael Ticktin, Alan Mallach, Al Hepner, Mayor Beth Battel and myself for the event. Janet Babin's NPR interviews and WNYC article on the 75th celebration can be accessed on line by going to the WNYC web site. We are proud to have

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## Thanks (CONT'D.)

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had national coverage to recognize our unique accomplishments over the years as a community. Zohair was our videographer for the event, assuring that we have a good record of this landmark occasion. Thanks go out to co-chair Peggy Malkin for making this a priority, and for finding this invaluable resource.

An amazing amount of work went into making the school gleam like the gemstone that it is. The school CSA Stephanie Bilenker, board secretary Kathy Dileo, and also Doreen Duck deserve a great deal of credit for all their hard work despite the many challenges which arose this school year. Special thanks also go out to School Board President Natalie Warner and the members of the Board who helped in so many ways with the event. The school looked beautiful and there were

many comments on how well-kept it has been. We felt proud to have the school be at the heart of the celebration as it is, in many ways, the heart and soul of the community. I'd also like to thank Rod Tulloss who helped tremendously with a number of last minute press releases and some fine editing of copy and speeches. Mary Macher did still more editing and helped out many other times during the event. Special thanks go out to our first aid squad and fire departments which we are especially proud of, particularly to Melissa Branco who helped to make this event a success. We should also recognize the work done by the Synagogue Sisterhood, who sponsored a community breakfast Sunday morning and are doing so much to make the synagogue a community institution we can all be proud of.



## Local Democratic Candidates Unopposed on November Ballot

by Michael Ticktin

As is usually the case in Roosevelt, Democratic candidates for two seats on the Borough Council are unopposed on the November ballot--though write-in votes are always possible.

Running for re-election is Councilman Tom Curry, who was appointed to fill a vacancy in September, 2009, and was elected to a three-year term that November.

For the other seat, the candidate nominated in the Democratic primary was Ben Johnson. Mr. Johnson, however, decided that he preferred not to run and the local Democratic committee, consisting of Ann Baker and Bob Atwood, designated Michael Ticktin, who was elected to the Council in 1973, served for under a year, and then served as tax assessor until 2011, to replace him. ■

## CHINESE AUCTION

The Sisterhood of the Congregation Anshei Roosevelt is sponsoring a **Chinese Auction on Saturday evening December 1, 2012**

at the Roosevelt Synagogue  
20 Homestead Ln, Roosevelt, N.J.

Doors open at 6:30 p.m. and the auction will begin promptly at 7:30 p.m.

Advance sales are \$10.00 per person.

They are \$12.00 at the door.

Coffee/tea and pastries are included. • A group of eight people reserves a table.

Call Karen for more info  
(609) 426-1560.

## NEWS RELEASE From MONMOUTH COUNTY SHERIFF'S OFFICE

SHAUN GOLDEN/ SHERIFF [www.monmouthsheriff.org](http://www.monmouthsheriff.org) FOR IMMEDIATE RELEASE: October 15, 2012

CONTACT: CYNTHIA SCOTT, PIO, Phone: 732.577.6613

### RESIDENTS BEING ASKED TO PARTICIPATE IN ONLINE SURVEY THAT WILL HELP WHEN DEALING WITH NATURAL HAZARDS

Has your home ever been flooded? Or have you been affected by any other type of natural disaster? Monmouth County residents can now learn more about a comprehensive all natural hazards-mitigation plan for the county and its 53 municipalities, and, complete an online citizen questionnaire at [www.monmouthsheriff.org](http://www.monmouthsheriff.org).

Through a grant, provided by the Federal Emergency Management Agency (FEMA), the Board of Chosen Freeholders contracted with URS Corp. Inc. of Clifton, N.J., to work with county emergency management staff and municipal representatives to update the All Natural Hazards Mitigation Plan. The plan is a documented evaluation of the hazards to which a community is susceptible and the extent to which these events will occur.

Background information about the plan is available on the sheriff's website, and residents are being encouraged to complete the online survey that will help a study team better assess the nature, extent and probability of various hazards in Monmouth County.

The 15-question survey will take five minutes to complete.

The goal of the plan is to identify projects that can reduce damages from future natural hazards. The plan will include a risk assessment and a hazard-mitigation strategy.

The primary hazard in Monmouth County is flooding, but other potential hazards to be analyzed include drought, extreme cold, extreme heat, snow, ice, hail, wind-storms Nor'Easters, Hurricanes, tropical storms and tornadoes, among others.

For more information visit [www.monmouthsheriff.org](http://www.monmouthsheriff.org)

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## SUBSISTENCE HOMESTEADS AND THE NEW DEAL VISION

*A Talk Given By Christopher N. Breiseth on the Occasion of the 75th Anniversary of Roosevelt, New Jersey, September 22, 2012*

It is a pleasure and an honor to join you in celebrating your 75th birthday as a Subsistence Homestead community, one of the 99 such communities created by Franklin Delano Roosevelt and his New Deal. That you shifted from your original name of Jersey Homesteads to the name Roosevelt in honor of our 32nd president makes your history of particular interest to someone committed to sustaining the legacies of both Franklin and Eleanor Roosevelt. And Eleanor is very much part of the story of Subsistence Homestead communities. I will talk about Arthurdale in West Virginia in which she took an ardent interest. In terms of the naming of these communities, it is interesting to note that another one of the communities in Western Pennsylvania took the name of Norvelt, using the last syllable of Eleanor's first name and the last syllable of her last name. Both Arthurdale and Norvelt, by the way, were communities for unemployed coal miners. Simultaneous with your celebration today is one for the 75th anniversary of Greenbelt, Maryland, which is being addressed by Franklin and Eleanor's grandson, James Roosevelt, Jr. Your borough historian, Michael Ticktin, has pointed out that the three greenbelt communities, Greenbelt in Maryland, Greenhills in Ohio and Greendale in Wisconsin, were influenced in their development by the experiences in developing Jersey Homesteads. Governor Franklin Roosevelt as he struggled with the Great Depression in New York focused on the growing numbers of the unemployed in the state. In presenting his Regional Plan for New York in January 1932, an initiative for the state that coinci-

dentally positioned him for his run later that year for president, FDR said the following:

“Where do most of the unemployed live?...I venture the assertion that at least three quarters, and probably more of the dependent unemployed throughout the United States today, are in the cities. Are we not beginning to visualize a different kind of city? Are we not beginning to envisage the possibility of a lower cost of living by having a greater percentage of our population living a little closer to the source of supply?

We hope blindly that government in some miraculous way can prevent any future economic depression, that government or some great leader will discover a panacea for the ills that have been hitting the world ever since history has been recorded....I am wondering if out of this regional planning we are not going to be in a position to take the bull by the horns in the immediate future and adopt some kind of experimental work based on a distribution of population....Regional planning dares us to make experiments, for this country will remain progressive just as long as we are willing to make experiments, just as long as we are able to say: “Here is a suggestion that sounds good. We can't guarantee it, but let's try it out somewhere and see if it works.” [*Survey Graphic*, February 1932, quoted by Ralph Borsodi] This approach anticipated his later oft quoted commitment to “bold, persistent experimentation.”

Once he became president in March of 1933, FDR authorized through the National Industrial Recovery Act the Subsistence Homestead Division under the Department of the Interior, with a \$25,000,000 revolving fund to experiment with ways to address the housing and employment problems of

unemployed workers. Section 208 of the NIRA Act reads as follows:

“To provide for aiding the redistribution of the overbalance of population in industrial centers \$25,000,000 is hereby made available to the President, to be used by him through such agencies and under such regulation as he may make, for making loans for and otherwise aiding in the purchase of subsistence homesteads. The money collected as repayment of said loans shall constitute a revolving fund to be administered as directed by the President for the purpose of this section.”

Having grown up on a farm, albeit an elegant one, in Dutchess County, New York, FDR had a deep belief in the land and in farming. As he contemplated the extraordinary human suffering of unemployed urban industrial workers, he was drawn to the back-to-the land movement. There were virtues associated with working the land and living in smaller communities, based on his own experiences as a farmer not only in Hyde Park but also in Warm Springs, Georgia where in addition to seeking rehabilitation for his paralyzed legs he bought land and experimented with new farming techniques. Simultaneously he learned a great deal about rural poverty in the south. He thus brought to the nation's planning challenges of the unemployed the insights of a sophisticated urban man and of a rural farmer with both northern and southern farming experience.

The unemployment problems involved stranded farmers, stranded miners and lumbermen, as well as other stranded industrial workers. Under the leadership of Milburn L. Wilson, the Subsistence Homestead program sought to address the needs of these wounded Americans. Drawing on his experiences with the

*Continued on Page 9*



## Speech (CONT'D.)

*Continued from Page 8*

Mormon villages of the mountain west, where each individual family had enough land to provide food for the family, along with a cow, Wilson sought to create communities where unemployed individuals could grow their own food, including raising chickens, while being close enough to decentralizing industries where they would be employed for cash. Most important, the subsistence homestead communities would be built around the family, ideally with the father as breadwinner working in an industry while the rest of the family helped make the home and grow their fruits and vegetables. The agricultural part of the challenge was to provide a hedge against future unemployment—hence the “subsistence”—by assuring control over their access to food. Central to the plan was the possibility of the workers’ owning their own homes, which they would pay for over 15 to 25 years. Such ownership, Wilson believed, would be comparable to savings upon which the worker would draw in his old age. “If under a system of tenancy he has security of tenure,” Wilson wrote in 1935, “he may retain use of the homestead on a basis similar to an old age pension.” “They might be required to pay a nominal rent or they might be given use of the property rent free, the Government reimbursing itself for the costs involved from sources which it is now contemplating in its old age pension legislation.” That legislation in 1935 Wilson was referring to, of course, created Social Security.

A deft summary of the subsistence homesteads in an issue of *The Architectural Forum* during this same period demonstrates the interplay of elements in these new planned communities:

1. The advantages of great individual freedom, which can be enjoyed by the households on the various homesteads together

with the possibility of as much collective activity as the group freely chooses to carry on.

2. The emphasis on family life where a family as a unit will produce its basic necessities and therefore where the influence will be in the direction of binding the family together rather than driving the members apart as in the case of the present situation.
3. A sense of permanence and economic security, which will grow out of the homes actually owned by the homesteaders to which they will be attached because these homes will be largely the work of their own hands and the result of their own planning.
4. The combination of small electrical machinery with subsistence farming will give families ample food and clothing with much of the drudgery eliminated.
5. The scheme allows for full-time employment by the breadwinner of the family, since the homesteading activities can in most cases be carried on by other members of the family, and if this will not work, the employed homesteader may in turn employ another to work on his property.

As beneficiaries of this visionary effort by the New Deal, you fortunate residents of Roosevelt have a sense of what was accomplished, however much that departed from the expectations of the planners. Before turning to the development of Roosevelt, New Jersey, as an instance of this ambitious experimentation, let me look at Arthurdale (originally Reedsville) in West Virginia, still a vibrant community and still grateful for the efforts of Eleanor Roosevelt in its creation. It introduces both a different group of vulnerable Americans for our consideration and the pow-

erful public opposition to the whole subsistence homestead program as an expression of Stalinist-like, communist planning, fundamentally undermining rugged individualism and free enterprise capitalism.

Mrs. Roosevelt visited the impoverished, unemployed coal miners at Scotts Run in West Virginia and could scarcely comprehend the degraded conditions of their lives. With the impassioned support of her close ally, Louis Howe, with whom she had nursed FDR back to physical and political health after his polio attack in 1921, she determined to make Reedsville a model for the subsistence homestead communities. Encountering resistance to quick purchasing of the Arthur farm or estate, at least a go-slow response from Interior Secretary Harold Ickes, Eleanor—through Louis Howe—forged ahead. Besides the federal funds she was able to release, she drew on private benefactors, including Bernard Baruch and Dorothy Elmhurst for education and health care facilities. She attempted to secure a government funded furniture factory in Arthurdale to produce post office equipment to provide employment for the residents. The project was somewhat modeled on her own Val-Kill Industries furniture factory in Hyde Park, where she and her partners hired unemployed farmers to make reproduction furniture of the colonial era. But the Congressional opposition, even from Democrats, to a government-owned business—seen as an attack on free enterprise—prevented the establishment of the factory in Arthurdale. The opposition even came from American Communists, who saw Arthurdale as a model for permanent poverty. When FDR visited Arthurdale in May of 1938, paying tribute to Eleanor’s indefatigable if also controversial efforts, the President spoke of Arthurdale as a symbol of “the awakening of the

*Continued on Page 10*

## Speech (CONT'D.)

*Continued from Page 9*

social conscience of America.” Mrs. Roosevelt provided substantial sums of her own income from her radio shows every year to Arthurdale and continued annual visits, handing out diplomas at the high school graduations. In significant ways, Arthurdale was for Eleanor what Warm Springs was for Franklin, distant communities of people so unlike themselves, but with whom the Roosevelts established deep and enduring bonds.

Both communities provided these aristocrats from Dutchess County with insights into an important dimension of American life in the 1930's: intractable racism. While FDR quietly adapted to the race system of small town Georgia and the South generally, and gained thereby support from white Southern Democrats that helped secure his political hold on the Solid South, Eleanor—in attempting to include African Americans in Arthurdale—discovered the depth of racism both among the poor white unemployed miners and the bureaucrats in Washington, who were unwilling to take on the segregation system of the South. In yielding to the apparently inevitable persistence of the Southern separation of the races in Arthurdale, Mrs. R. became sensitized to the issue of racism, as she had previously become aware of and troubled by anti-Semitism. The historians of this extraordinary woman trace her intense commitment to overcoming racism and expanding opportunity for African Americans to her initial struggles to establish Arthurdale as a multiracial community. Aberdeen Gardens was one of the African-American subsistence homesteads created. Along with 13 other Resettlement Communities for blacks, akin to the 95 federal camps for migratory workers, the New Deal-created-communities helped nurture future leaders of the Civil Rights Movement of the 1950's and 1960's.

As the Subsistence Homesteads

program segued to the Resettlement Administration under Harry Hopkins and Rexford Tugwell, the Farm Security Administration was created and absorbed the program. Under the FSA and its leader Roy Stryker, the great photographic effort to depict and portray the conditions of Americans in all parts of the country, rural and urban, heightened awareness of poverty. In these efforts later in the 1930's, opportunities were created, even in the South, for both blacks and whites.

This passing reference to the ethnic/racial dimensions of the Subsistence Homestead communities is important, of course, in understanding Roosevelt, New Jersey, which was created to meet the needs of Jewish garment workers, primarily in New York City. It is with a sense of justified humility that I attempt to explain to you anything about the history of your community. In putting it in the context of the larger New Deal resettlement programs, I am almost exclusively dependent on the rather remarkable twenty-five page chapter on Jersey Homesteads written by Ralph Danhof and included in the official Department of Agriculture report, “A Place on Earth: A Critical Appraisal of Subsistence Homesteads,” edited by Russell Lord and Paul H. Johnstone and published in 1942. All that you have become since the war I leave to the panelists to elaborate. It is clear from the perspective of Ralph Danhof in 1942 that Jersey Homesteads had a traumatic but triumphant birthing in the 1930's. Benjamin Brown, the original leader of efforts to create a Subsistence Homestead on farmland in Monmouth County, New Jersey, for garment workers – another group of stranded, under-or-unemployed laborers the New Deal program sought to help—lost the support of both the ILGWU and of Jewish organizations as delays from Washington created pressure from those families selected to form the first 120 homesteaders who had each assembled the \$500 needed to buy into the community.

ILGWU leader David Dubinsky feared the adverse competitive impact on his employed garment workers if the proposed producer cooperative textile factory were to be established at Jersey Homesteads. Such a producer cooperative in Benjamin Brown's overall plan was necessary to accomplish the decentralization-of-industry objective of Wilson and the Subsistence Homestead program. While Brown, like Wilson, had the Mormon village model in mind of individual family farm plots, large enough to provide sufficient food for the family, he embraced the idea of both producer and consumer cooperatives to provide cash jobs for the homesteaders. Even after he lost the support of the Jewish organizations and the ILGWU, Brown continued to fight valiantly to secure the federal government's support.

Danhof, from the vantage point of 1942, five years after Jersey Homesteads officially became a community, describes the initial enthusiasm of the needleworkers in New York for the subsistence homestead program when first announced in 1933:

“To understand the eagerness of many of the Jewish families in New York to establish a new type of rural industrial community it is necessary to probe briefly in the character of the life they had been leading up to that time. In dreaming of a new pattern of life in a small rural community, these families were attempting to escape from the tenseness and insecurity of their lives as New York garment workers. Many had lived in a most chaotic, highly competitive world all their lives. Most of them had been born abroad or were children of immigrants. In fact, approximately 90 percent of the adults who settled in Jersey Homesteads were foreign born. Many were from Poland and Russia. All knew or sensed the insecurity of the Jewish people in the modern world. Some had been persecuted, and a few had witnessed the

*Continued on Page 11*

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## Speech (CONT'D.)

*Continued from Page 10*

ruthless killing of kin or friend during some anti-Semitic drive [in] the waning days of war.”

Benjamin Brown started with several objectives for Jersey Homesteads. First was to develop a cooperatively owned and managed community capable of employing all the members of the community. In the first two years all the economic enterprises were cooperatives: a clothing factory, a farm, a grocery store, a retail clothing store and a tearoom. By 1942, only the last three had survived and Jersey Homesteads clearly had not been able to employ all the citizens of the community. The dramatic failure of the Consumers Wholesale Clothiers, Inc. factory led the federal Government to abandon further plans for funding a factory cooperative in the community.

The Jersey Homesteads Agricultural Association, organized in the summer of 1936 as a farm cooperative to produce food, poultry, dairy and meat supplies for the community, after only a year could not survive on that basis and was redeveloped as a commercial farm cooperative. In Brown's plan, the farm cooperative would offer work for factory workers during frequent seasonal slumps thus providing income and food for their families. It soon became evident, Danhof observed, “that neither the factory workers nor the young people on the project were making use of the chances to work offered by the farm cooperative.” He acknowledged that factory workers from New York were accustomed to indoor work and relatively high rates of pay and were unwilling even when unemployed to accept lower rates of pay for farm work. These workers found they were not physically fit for farm work and so transient Negro laborers were hired to supplement the five homesteaders who were hired full time to manage the farm.

The cooperatives which did survive until 1942 included the three

retail ventures, the grocery store, the clothing store and the tea room. In reflecting on the failure of the factory and agricultural cooperatives, which were central to the vision of not only Benjamin Brown but also the federal Government officials responsible for the Subsistence Homesteads program, Danhof quoted one homesteader:

“When it comes down to it, we got to blame ourselves. We weren't trying to cooperate. Many of us ain't in the habit of cooperating. Most of us talked cooperation, and that's all. In reality all we meant by cooperation was to have a better job than we were used to and get better wages than we had been getting, even if we could see that wasn't possible, if we stopped to think of the welfare of the enterprise itself. A lot of people tried to hide selfish demands under their talk of cooperation. The mere label of a cooperative does not insure success. What we lacked was a minimum of true cooperation. The people here did not know what that meant.”

Brown's second objective was to demonstrate the feasibility of decentralizing clothing factories from New York City so low-income workers could supplement their factory earnings by raising part of their food, escape the high cost of city living, and live in their own homes in an attractive small community. While the producer factory cooperative failed, the breadwinners in Jersey Homesteads found jobs in nearby communities or even back in New York. Jersey Homesteads in effect became a suburban residential community for urban workers. The appearance of a private millinery firm in 1940 in the old clothing factory where Jonathan Shahn presently has his sculpture studio provided jobs close to home and held promise of fulfilling the decentralizing strategy but through private enterprise, not government.

The third objective for Brown was for industrial workers to supplement their cash income by raising part of their own families' food needs. While there was considerable enthusiasm for this aspect of the opportunity in the beginning among many of the original homesteaders, most did not become suburban farmers. While many enjoyed raising some vegetables and took pride in providing some food for their tables, they found they could buy fresh fruits and vegetables more cheaply than the value of their labor required to have a serious garden. They obviously soon discovered one of the advantages of living in the Garden State. There was considerably more enthusiasm for growing flowers which complemented the pride they took in their houses, which leads to the fourth objective of Benjamin Brown.

To put this into Danhof's words, Brown's fourth objective “was to create a well-knit community in which it would be socially satisfying to live. It would have been possible to develop a subsistence-homesteads project which would not require the development of a community, or which did not locate families in close proximity to one another. But Mr. Brown wanted to develop a community in which Jewish people could live together and enjoy common institutions without feeling the strain and frustration of life in a larger Gentile community.” Danhof goes on to describe how successfully this objective was met. Everybody is included, people support each other, doors are left unlocked, people gather in the evening to share events of the day and gossip about their neighbors and there are a seemingly unlimited number of organizations. “The members of the community,” Danhof reported, “are ready to admit that if Jersey Homesteads suffers from any weakness in regard to its social life it is that the community is overorganized, and that every night some meeting is held.”

*Continued on Page 12*

## Speech (CONT'D.)

*Continued from Page 11*

Moreover “they have houses of their own for the first time in their lives; they can fix them up and take care of them as they wish. In spite of the lack of jobs and the failure of their enterprises, most of the homesteaders want to live the rest of their lives in Jersey Homesteads because the community represents for them an increase in their levels of living and an increase in the quality of their social life which has meant much to them, and which would have to be surrendered if they returned to New York City or Philadelphia.”

While Danhof accounted for this unusual solidarity by the common ethnic and cultural backgrounds of the homesteaders, it was “hastened by the fact that all the settlers came to regard the Government as a sort of common enemy which could only be defeated through group measures.” It was the government, of course, which set up the process by which families were selected on the basis of common interests and friendship ties. Moreover it was through the government’s funding of the initial land purchase and its provisions for loans to individuals to purchase homes originally built by the government that this unusually cohesive community was created—and, from all I have learned, has been sustained.

Many of the subsistence homesteads communities survived World War II, indeed the location of military related facilities, as near Arthurdale, provided jobs for homesteaders who were able to pay off their homes and remain in their communities. The actual government stake in the communities was in effect liquidated when the FSA was taken over by the FHA in 1946 by Congressional action. Jonathan Lash, the biographer and dear friend of Eleanor Roosevelt, provided a summing up in his volume *“Franklin and Eleanor.”*

“Neither the conceptual mistakes of Eleanor Roosevelt and of M. L. Wilson nor the political vul-

nerability of [Rexford] Tugwell explain why this bold and imaginative attack on rural poverty and urban congestion was in the end liquidated by Congress. It was the firm commitment of the Farm Security Administration to the goal of ending rural poverty that alarmed the conservatives, because it threatened the traditional power structure in agriculture in general but particularly in the South, where many of the FSA benefits flowed to the Negro. And so when the war came, giving the New Deal’s enemies the chance to kill off some of its most innovative programs under the pretext of cutting non-defense expenditures, the FSA was included. There were 99 communities at the time of its final liquidation; 10,938 homesteads had been built at a total cost of \$108,095,328, or at a unit cost of \$9,691, which included the cost of community facilities and management. Arthurdale, with a unit cost of \$16,635, had been the most expensive.”

Lash goes on to quote President Roosevelt in his speech at Arthurdale in 1938:

“These projects represent something new and because we in America had little or no experience along these lines, there were some failures—not a complete failure in the case of any given project, but partial failures due to bad guesses on economic subjects like new industries or lack of markets.” But, the President concluded, there were lessons to be learned from this “bold government venture,” lessons that would save “a hundred times their cost in dollars.”

It is part of the poetry of this occasion that you are about to hear a discussion of the architecture of

your houses many of which were designed by a young architect, Louis Kahn, who went on to be one of America’s greatest architects. This coming October 17, I will be attending the dedication on Roosevelt Island in New York City of the FDR Four Freedoms Memorial which was Kahn’s last design project before his untimely death. The commission for his design was from the Franklin and Eleanor Roosevelt Institute, which I later had the privilege to serve for eight years. It will be the first Louis Kahn-designed structure in New York City.

To those of you who have redeemed the investment by the Roosevelt Administration in Jersey Homesteads and fought off in your generation the developers in order to preserve what your parents and grandparents had the ambition to create and the tenacity to preserve, I say congratulations and thank your ancestors for naming your community in honor of Franklin Roosevelt. May your well considered efforts secure Roosevelt, New Jersey with its profound sense of community and of shared responsibilities for another 75 years.

I have had invaluable assistance for this presentation from Robert D. Leighninger, Jr., author of *Long-Range Public Investment: The Forgotten Legacy of the New Deal* (University of South Carolina Press, 2007). Chapter Nine on “Resettlement” is a crucial summary of the 99 Subsistence Homestead communities. He also provided me with several of the articles written in the 1940’s which I have drawn upon. In addition, I am grateful to Blanche Wiesen Cook for her chapter on Arthurdale in *Eleanor Roosevelt, Volume 2: 1933-1938* (Viking Press, 1999). I also was assisted by Joseph P. Lash’s *Eleanor and Franklin: The Story of their Relationship Based on Eleanor Roosevelt’s Private Papers* (W.W. Norton & Company, 1971).



Editor:

Several months ago I wrote a letter to Mayor Beth asking that the street sign at Elm Court be replaced.

It was knocked down over 6-7 months ago and is now a hassle with UPS & FedEx deliveries. Please make note of this in the next *Bulletin* so the person who is in charge gets the message.

Rick Bernardin  
1 Elm Court

Thank you Roosevelt neighbors and friends!

As some of you know, over 80 homeless people have been living in tents in Lakewood N.J

We have been collecting blankets and sleeping bags to help these folks. Cold weather is coming! So many of you have dropped warm, clean, blankets and sleeping bags on our porch at 41 Tamara Drive. There is no way we can thank you enough, and we are grateful for your generosity We will continue to collect for these people - so much in need.

Bobbi and Dave Teich  
For more info-609 448 5036

## SENIOR NEWS

### Minutes of the Roosevelt Seniors Meeting, Borough Hall, Sept 10, 2012

By Helen Barth

#### ROOSEVELT SENIORS ORGANIZATION 10/2/12

The October 1, 2012 meeting of the Roosevelt Seniors Organization was called to order at 1:15 pm by Acting President, Margaret Schlinski. Present were Board members Margaret Schlinski, Allen Newrath and Helen Barth.

There were 9 members in attendance.

Margaret Schlinski called for a vote on the slate presented at the September meeting as follows: Margaret Schlinski, President; Allen Newrath, Treasurer; Helen Barth, Secretary and Louise Baranovitch, Sunshine. Seconded by Helen Barth. All voted in favor of the slate as presented.

The treasurer reported that the borough could not give us a balance of the money in our line item account with them. Allen will contact the borough accountant to get the information. The treasurer asked that we make a \$25 donation to the First Aid Squad in memory of each of the members who have recently died. To be honored are: Ota Bondy, Dolores Chasan, Herb Johnson and Ed Moser. Previously honored were Leon Barth with a donation to Compasionate Care and Virginia Vuole with a donation to the Karen Ann Quinlin Foundation.

The secretary read the minutes of the September meeting which were accepted by a unanimous vote.

The visiting nurse gave flu shots before and during the meeting.

Good and Welfare: There was discussion about last month's lunch event and the contribution amount of members to the lunch. The bill, minus club payment, equaled the share amount by numbers of members which was \$4. The only way to be fair is buffets or one price menus. The \$4 members charge to members did not include the tip.

Allen Newrath made a motion to stop donations in memory of deceased members. All in favor 1, No - 10. The donations will continue

Because of Election Day on Tuesday, Nov. 6th, our next meeting will be held on Monday, November 5th .

The Visiting Nurse said that she will give a brief talk about bed bugs at our November meeting.

Activities for October included: October 6 - lunch at Vesuvios at noon.

On November 30th at noon Karen Block will put together a Chinese Auction and pizza lunch. Members are asked to bring a new item from home for the auction.

Thank you, Gerry Millar, for hosting this meeting. Shirley Sokolow will host the November meeting.

The meeting was adjourned at 2:15 p.m. Bingo followed the meeting. Thank you, Karen Block.

Respectfully submitted by Helen Barth

# It is getting dark earlier . . .

**If you walk after dark, please wear light-colored clothing, or wear some reflective gear, or at least carry a flashlight.**

**Remember to walk facing traffic, not with the traffic coming at your back.**



## **SEE AND BE SEEN!**

The First Aid Squad has responded to 198 emergency calls from January 1 to September 30, 2012. Twenty-three emergency calls for the month of September driving 382 miles. For Roosevelt the emergencies were emergency transports, fire stand-bys, MVA's, falls, cardiac, respiratory emergencies and unconscious. For Millstone Twp. bleeding, emergency transports, falls, unconscious, crisis, stroke. In Manalapan Twp. for syncope. In Freehold Twp. allergic reaction, due to a bee sting.

The training for September was FEMA's Incident Management System I-200. This is a 16 hours course. Members of our Squad and Millstone Twp F.A.S. attended this mandated class for all emergency services. All EMT's also receive 16 ceu's.

On September 30th a CPR/AED class was given to some Millstone Twp. residents at our Borough Hall.

We would like to thank all the residents of Roosevelt for their generous donations to the Squad. Without your support we could not operate. Thank You!!!

If any one wishes to make a donation, you can send it to the Roosevelt First Aid Squad at P.O. Box 274, Roosevelt, NJ 08555. Remember, all donations are tax deductible and greatly appreciated.

We are always looking for new members. We will pay for the basic training that is needed. If anyone is interested, please contact any Squad member or stop in during our training for an application. If you would like to join or receive information about becoming an EMT please e-mail: rooseveltfirstaidsquad@yahoo.com and now we are on facebook.



**Health Notes:  
Thrombosis**

A thrombus or blood clot, is the final product of the blood coagulation step in hemostasis. It is achieved via the aggregation of platelets that form a platelet plug, and the

activation of the humoral coagulation system (i.e. clotting factors). A thrombus is normal in cases of injury, but pathologic in instances of thrombosis.

Mural thrombi are thrombi adherent to the vessel wall. They are not occlusive and affect large vessels, such as heart and aorta. Grossly they appear gray-red with alternating light and dark lines (lines of Zahn) which represent bands of fibrin (lighter) with entrapped white blood cells and red blood cells (darker).

**Pathophysiology**

Specifically, a thrombus is the inappropriate activation of the hemostatic process in an uninjured or slightly injured vessel. A thrombus in a large blood vessel will decrease blood flow through that vessel (termed a mural thrombus). In a small blood vessel, blood flow may be completely cut-off (termed an occlusive thrombus) resulting in death of tissue supplied by that vessel. If a thrombus dislodges and becomes free-floating, it is termed as an embolus.

Some of the conditions which elevate risk of blood clots developing include atrial fibrillation (a form of cardiac arrhythmia), heart valve replacement, a recent heart attack (also known as a myocardial infarction), extended periods of inactivity (see deep venous thrombosis), and genetic or disease-related deficiencies in the blood's clotting abilities.

**Formation**

Platelet activation can occur through different mechanisms, such as a vessel wall breach that exposes collagen, or tissue factor encryption. The platelet activation causes a cascade of further platelet activation eventually causing the formation of the thrombus.

**Treatment**

Blood clot prevention and treatment reduces the risk of stroke,

heart attack and pulmonary embolism. Heparin and Warfarin are often used to inhibit the formation and growth of existing thrombi; the former binds to and activates the enzyme inhibitor antithrombin III, while the latter inhibits vitamin K epoxide reductase, an enzyme needed to synthesize mature clotting factors.

**Recent studies**

Recent research shows that chemicals found in certain foods as onions, apples and oranges could help prevent blood clots. Researchers claim that rutin found in black and green teas also could help prevent the formation of clots and therefore could help in future treatments to protect against strokes and heart attacks.

**• Causes, incidence, and risk factors**

Situations in which a blood clot is more likely to form include:

- Being on long-term bed rest
- Crossing your legs for long periods of time when sitting, or sitting for long periods of time, such as in a plane or car
- During and after pregnancy
- Not having enough water in your body (dehydration)
- Taking birth control pills or estrogen hormones (especially in women who smoke)
- Using an intravenous catheter long-term

Blood clots are also more likely in people with cancer, recent surgery or injury, obesity, and liver or kidney disease.

A buildup of cholesterol that narrows an artery may change or slow the flow of blood, making it easier for a blood clot or thrombus to form.

**• Prevention**

Doctors may prescribe blood thinners to help prevent DVT in people at high risk, or those who are undergoing high-risk surgery.

If you had a DVT, your doctor will prescribe pressure stockings.

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The desolate, deserted trees,  
 The faded earth, the heavy sky,  
 The beauties she so truly sees,  
 She thinks I have no eye for these,  
 And vexes me for reason why.

Not yesterday I learned to know  
 The love of bare November days  
 Before the coming of the snow,  
 But it were vain to tell her so,  
 And they are better for her praise.

from "My November Guest" by Robert Frost

**September 2012**

It was another warmer than normal month in Roosevelt in September. Every month of the year so far has been warmer than normal. However, this time around the temperature was close to normal. Only June had an average temperature closer to normal than September. The monthly average temperature was 66.5° Fahrenheit just 0.6°F above normal. June 2012's average temperature was only 0.4°F above normal. Every other month this year so far was over one degree and in March over 10°F over normal.

September was drier than normal. About an inch and a quarter less rain than normal fell.

The National Oceanic and Atmospheric Administration reports that "the globally-averaged temperature for September 2012 tied with 2005 as the warmest September since record keeping began in 1880. September 2012 also marks the 36th consecutive September and 331st consecutive month with a global temperature above the 20th century average.

In the Arctic, sea ice extent averaged 1.39 million square miles, resulting in the all-time lowest September sea ice extent on record, and on September 16th, the Arctic reached its all-time lowest daily extent on record. More than 4.57 million square miles of ice was lost in 2012, the size of the entire United States and Mexico combined. Conversely, on the opposite pole, Antarctic sea ice reached its all-time highest daily extent on record on September 26th."

**November**

The *Old Farmers Almanac* expects our area to be much cooler than normal in November. They say that the average temperature for the month will be five degrees below normal. Precipitation will also be off by about 0.5".

LongRangeWeather.com is forecasting average temperatures and precipitation in our region for November.

Finally, the Climate Prediction Center (CPC) of the National Atmospheric and Oceanic Administration (NOAA) says November concurs with LongRangeWeather. The CPC, using their unique forecast phrasing, has called for equal chances for above normal, below normal or normal temperatures and precipitation for November.

**Weather Trivia and Proverbs**

In the movie "Twister", the opening scene (in the year of 1969) of a young Jo Harding and her family trying to make it to their storm cellar, has the father figure saying that the tornado "...looks like an F5!"

Here's the problem: The Fujita Scale wasn't created until 1971!

When stars shine clear and bright,  
 We will have a very cold night.

The more cloud types present, the greater the chance of rain or snow.

**Weather Word**

**Heiligenschein** is a faint white ring surrounding the shadow of an observer's head on a dew-covered lawn.

**September 2012**

Day	High	Low	Avg	Precip	Cool'g/Heat'g Degree Days	
1	85.3	66.0	75.7	0.00	0.0	5.7
2	81.5	68.0	74.8	0.03	0.0	4.8
3	77.7	70.2	74.0	0.02	0.0	4.0
4	81.1	69.3	75.2	0.47	0.0	5.2
5	86.7	68.0	77.4	0.42	0.0	7.3
6	78.4	63.3	70.9	0.00	0.0	0.8
7	85.1	66.4	75.8	0.00	0.0	5.8
8	84.4	64.4	74.4	0.40	0.0	4.4
9	77.1	61.0	69.1	0.00	0.0	0.0
10	75.0	54.9	65.0	0.00	0.0	0.0
11	71.6	46.6	59.1	0.00	5.9	0.0
12	75.6	50.9	63.3	0.00	1.8	0.0
13	76.1	54.1	65.1	0.00	0.0	0.0
14	77.2	55.0	66.1	0.00	0.0	0.0
15	73.8	53.2	63.5	0.00	1.5	0.0
16	73.4	49.4	61.4	0.00	3.6	0.0
17	74.7	49.1	61.9	0.00	3.1	0.0
18	78.4	63.5	71.0	1.11	0.0	1.0
19	70.0	52.0	61.0	0.00	4.0	0.0
20	72.0	47.8	59.9	0.00	5.1	0.0
21	73.0	53.2	63.1	0.00	1.9	0.0
22	80.6	54.0	67.3	0.31	0.0	0.0
23	67.1	50.0	58.6	0.00	6.5	0.0
24	67.3	45.0	56.2	0.00	8.9	0.0
25	71.2	45.3	58.3	0.00	6.8	0.0
26	78.4	59.0	68.7	0.00	0.0	0.0
27	73.6	62.2	67.9	0.08	0.0	0.0
28	77.9	62.1	70.0	0.18	0.0	0.0
29	66.7	55.8	61.3	0.02	3.8	0.0
30	68.2	50.2	59.2	0.00	5.8	0.0
<b>Totals</b>				<b>3.04</b>	<b>58.5</b>	<b>38.9</b>

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## ROOSEVELT ARTS PROJECT 2012 - 2013 Season

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Saturday, November 10 1-7 p.m. & Sunday, November 11, 1-5 p.m., The New Martin House, 20 South Rochdale Ave. @ the base of "Paradise Hill"

**The artwork of family and friends:**

**Featuring works of David Stone Martin and Stefan Martin**

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Saturday, December 8, Borough Hall, 8:00 p.m.

### **BEETHOVEN THE REVOLUTIONARY**

**Alan Mallach returns to the works of Ludwig van Beethoven, presenting a piano recital with commentary that traces his break from the Classical traditions and his foreshadowing of the Romantic era through his earliest and his last sonatas, beginning with the massive early Sonata in C major, and concluding with two of his final sonatas, op.109 and op.110.**

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Saturday, January 19, Borough Hall, 8:00 p.m.

### **RISING STARS: MICHAEL NAHMIA & ALIYA GOLDMAN**

**RAP is proud to present two of our locally bred musicians, former Rooseveltian, singer-songwriter Michael Brett (Nahmias) and Roosevelt resident Aliya Goldman in concert.**

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Saturday, February 9, Borough Hall, 8:00 p.m.

### **DAVID B AND GUY DEROSA SING THE BLUES**

**David Brahinsky (guitar and vocals), Guy DeRosa (harmonicas), Phil McCauliffe (acoustic and electric bass) and Bill Leech (electric guitar) devote the evening to The Blues -- traditional, contemporary, Dylanesque, Cohenesque...and funky too.**

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Friday, April 19 and Saturday, April 20, Borough Hall, SPECIAL START TIME: 7:30 p.m.

### **ROOSEVELT STRING BAND**

**As befits our 25th anniversary celebration year, the String Band, with David Brahinsky, Paul Prestopino, Ed Cedar, Sam Cedar, Kai Altair and Joe Pepitone (and we hope to have Howie Jacobson back from South Africa in time) will perform one song from as many of the 25 years that we have been performing in Roosevelt as we can reasonably fit in.**

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Saturday, May 4 and Sunday, May 5

### **RAP 25TH ANNIVERSARY WEEKEND**

**This last event of the 25th season of RAP will include many favorites, including a show of Roosevelt artists past and present, walking tours, poetry and more...**

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Voluntary Contribution:

For most events \$5 per adult, for the String Band \$10 per adult, \$5 for seniors and children.

Visit RAP's webpage at <http://music.columbia.edu/roosevelt>. Use the link at the top of the page to sign up for our e-mail list. For further information call Robin Gould at (609) 448-4616. ■



## RESCUE SQUAD (CONT'D.)

Continued from Page 14

Wear them as instructed. They will improve blood flow in your legs and reduce your risk for blood clots.

Moving your legs often during long plane trips, car trips, and other situations in which you are sitting or lying down for long periods of time can also help prevent DVT. People at very high risk for blood clots may need heparin shots when they are on a flight that lasts longer than 4 hours.

**Do not smoke. If you smoke, quit.** Women who are taking estrogen must stop smoking.

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There are still houses in town that do not have house numbers or the numbers are too small to see from the street or they are dark numbers on a dark house. Please check the numbers posted on your house to ensure that they are large and colorful enough so Emergency Services and State Police can see them from the road. There are many houses in town that do not have numbers or they cannot be seen from the road, especially at night.

**Remember, if you need help, please dial 911.**

Jack Rindt, EMT Captain  
Roosevelt First Aid Squad  
rooseveltfirstaidsquad@yahoo.com

### The Roosevelt First Aid Squad

is a totally volunteer organization. We do not charge for our services, we rely on donations to operate.

When Paramedics arrive and treat the patient then you will receive a bill from the Paramedic company.

# Contributors to the Bulletin 2012/2013

Contributions received after the 15th of the month will appear in the next *Bulletin*.

Mel Adlerman	Florence Johnson
Robin & Robert Axel	Bette & Steve Koffler
Helen Barth	David & Joanna Leff
Rich & Janet Bernardin	Jill Lipoti & Brad Garton
Alexandra Bonfante-Warren	Alan Mallach & Robin Gould
Jacqueline Carpenter	Mendies Farm
Family of Delores Chasan	Geraldine Millar
Maureen & Bob Clark	Lena Morrell
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M. Kathleen Drury	Bill Presutti
Lian Garton	Colden & Silvia Raines
Rosa Giletti	Helen Seitz
Judith & Ed Goetzmann	Elinor Sochowitzky
Eitan & Karyn Grunwald	Shirley Sokolow
Michelle & Leonard Guye-Hillis	Mary & Rod Tulloss
Anne Hayden	Bess Tremper
Albert Hepner	Elinor Tucker
Constance & David Herrstrom	Judy & Bob Weinberg
Tristen Herrstrom & Scott Carpenter	Elizabeth Weiner
Cynthia Imbrie	The Zahoras
Sheila & Phil Jaeger	Mark & Judith Zuckerman
Anna & Ben Johnson	■

**Thank you for your generosity!  
Send in a contribution today.**

**Please send contributions to:  
Roosevelt Borough Bulletin, Inc.  
P.O. Box 221, Roosevelt, NJ  
08555**

All my friends in town will tell you I can't follow a recipe. I never have everything on hand and just use what I want. Sometimes it works, sometimes not. I made this using all food from the Mendies CSA- subbing one week's peppers and regular onions for the red pepper and red onion. Still tasted great, just lacked some color.

## *Eggplant Caponata*

1 (1 lb.) eggplant cubed	1 T fresh thyme chopped
2 T olive oil	1 ½ C (approx.) fresh tomatoes chopped
1 red bell pepper chopped	2 T garlic chopped
1 ½ C zucchini chopped	3 T red wine vinegar
1 C red onion chopped	Salt and pepper to taste

Heat olive oil in frying pan over medium-high heat. Add cubed eggplant, red bell pepper, chopped zucchini, chopped red onion, and chopped fresh thyme. Saute until tender, about 15 minutes. Add chopped tomatoes, chopped garlic, and red wine vinegar and cook 4 minutes longer. Season with salt and pepper to taste. (Makes 5 1/2 cups.) Serve with grilled chicken. Serves 6.

### NUTRITION (per serving)

96 cal, 2 g pro, 12 g carb, 4 g fiber, 5 g fat, 0.5 g sat fat, 10 mg sodium

Read more:

<http://www.prevention.com/food/cook/eggplant-recipes-7-creative-ways-cook-eggplant#ixzz2ZyqEAE6>



T = tablespoon

tsp = teaspoon

C = cup

*Dear Readers,*

*If you have a favorite recipe that you would like to share with our other readers, please submit it as a digital file to [www.boroughbulletin.org](http://www.boroughbulletin.org) for consideration.*

*Thank you!*

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**BUSINESS SPONSORS**

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The *Bulletin* publishes free-of-charge public information listings from Roosevelt residents and businesses, and from those in the immediate vicinity with ties to Roosevelt. Write: Roosevelt Borough Bulletin, Box 221, Roosevelt, NJ 08555. Contributions are appreciated and are tax-deductible (suggested: \$50.00/year, \$60.00 if over 5 lines.) Deadline is the 15<sup>th</sup> of each month.

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**AUTOMOBILE SERVICING****COMPACT KARS**

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Complete Mechanical & Auto Collision  
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We've got your entire floor covering needs  
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Two locations to serve you better  
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GENERAL CONTRACTOR, INC.**

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Roofing, Additions.  
Renovations – Bathroom, Kitchens,  
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References Available. Fully Insured,  
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**ATTENTION ROOSEVELTIANS!**

We have been handling houses in Roosevelt  
on every street in town since the early 1940's.  
Let us show you how we can save you money.  
**THE ADLERMAN AGENCY, INSURORS**  
317 Forsgate Dr., Monroe Twp., NJ 08831  
(609) 655-7788 Mel A. Adlerman CLU, CIPA

**THE BANK OF AMERICA**  
in East Windsor  
The *Bulletin* Bank

**MUSIC****GUITAR INSTRUCTION**

Age 7 & up  
David Brahinsky: 443-1898  
**STORYTELLING & FOLK SINGING**  
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**PERSONAL CARE****TAI CHI CLASSES**

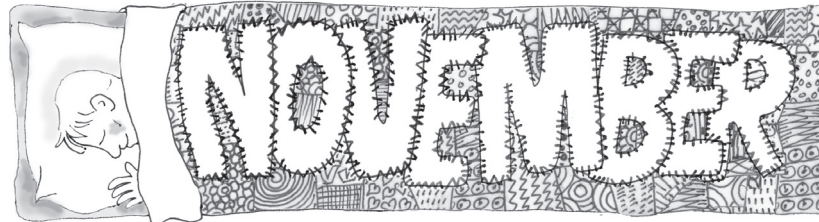
Relaxation & Balance for all ages  
Wednesday morning – 9 to 11 a.m.  
Thursday night – 7 to 8 p.m.  
At the Borough Hall  
Call June Counterman 448-3182

**MATH TUTORING****ROOSEVELT STUDENTS:**



Elementary through College  
Do you occasionally need help with math  
homework or help preparing for a test?  
Call Mary Tulloss (Retired H.S. Teacher)  
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Tutoring provided at no charge  
in loving memory of Sarah Tulloss.

Patronize our business sponsors. Most of them are our neighbors.



PRSRT STD  
 Postal Customer  
 Roosevelt, NJ 08555-0221



## NOVEMBER

3 Sat.	PTA Movie Night
4 Sun.	10:00 a.m. First Aid Squad, Training, Jack Rindt, Captain, 448-9475
5 Mon.	12:30 p.m. Seniors Blood pressure check, Boro Hall 1:00 p.m. Seniors Meeting, Borough Hall Margaret Schlinski, President
6 Tues.	★ ELECTION DAY ★ Borough Hall Voting: 6 a.m. to 8 p.m.
7 Wed.	RECYCLE 
8 Thurs.	RPS Closed, NJEA Conference
9 Fri.	RPS Closed, NJEA Conference
12 Mon.	7:00 p.m. Council Action Meeting, Borough Hall, Beth Battel, Mayor, 448-7701
14 Wed.	7:00 p.m. RPS PTA Meeting 7:30 p.m. Environmental Comm. Mtg., Boro Hall Stu Kaufman, Chair. 448-4921
15 Thurs.	7:30 p.m. RPS BOE regular meeting, RPS Lobby, Natalie Warner, President, 903-1061
20 Tues.	7:30 p.m. Planning Board, Borough Hall, Jane Rothfuss, Chair, 448-3713 8:00 p.m. First Aid Squad, Business meeting, Jeff Klein, President, 448-0509
21 Wed.	RECYCLE  RPS Early Dismissal
22 - 24	RPS Closed for Thanksgiving
26 Mon.	7:00 p.m. Council Action Meeting, Borough Hall, Beth Battel, Mayor, 448-7701
28 Wed.	7:30 p.m. Environmental Comm. Mtg., Boro Hall Stu Kaufman, Chair, 448-4921

## DECEMBER

2 Sun.	10:00 a.m. First Aid Squad, Training, Jack Rindt, Captain, 448-9475
4 Tues.	12:30 p.m. Seniors Blood pressure check, Boro Hall 1:00 p.m. Seniors Meeting, Borough Hall Margaret Schlinski, President, 448-4865 7:30 p.m. Planning Board, Borough Hall, Jane Rothfuss, Chair, 448-3713
5 Wed.	RECYCLE 
8 Sat	PTA Movie Night
10 Mon.	7:00 p.m. RPS Early Dismissal, Staff Inservice Council Action Meeting, Borough Hall, Beth Battel, Mayor, 448-7701
12 Wed.	7:00 pm RPS PTA Meeting
18 Tues.	7:30 p.m. Planning Board, Borough Hall, Jane Rothfuss, Chair. 448-3713 8:00 p.m. First Aid Squad, Business meeting, Jeff Klein, President, 448-0509
19 Wed.	RECYCLE  7:30 p.m. Environmental Comm. Mtg., Boro Hall Stu Kaufman, Chair. 448-4921
20 Thurs.	RPS BOE regular meeting, RPS Lobby, Natalie Warner, President, 903-1061
21 Fri.	RPS Early Dismissal
24 - 31, Jan 1	RPS Closed, Winter Recess -- New Year's Day
26 Wed.	7:00 p.m. Council Action Meeting, Borough Hall, Beth Battel, Mayor, 448-7701
28 Fri.	7:30 p.m. Environmental Comm. Mtg., Boro Hall Stu Kaufman, Chair. 448-4921

An electronic calendar was installed on the Roosevelt Board of Education's website containing information about state testing, upcoming field trips, events and additional pertinent information. Learn more about all of the happenings in our school, visit RPS website: [www.rps1.org](http://www.rps1.org)